

M28 RESOURCES BY CATEGORY

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ABUSE (Domestic Violence)

ACCESS- York (YWCA)

A program that seeks to eliminate domestic violence and offer support, education, and a safe environment for victims of domestic violence. Dedicated to helping victims and their children who suffer from abuse or threatened abuse, assists in preparing a Protection from Abuse (PFA) petition. York County.

Domestic Violence 24-Hour Hotline:

(717) 846-5400 - York

(717) 637-2235 - Hanover

(800) 262-8444 - Toll Free

Sexual Violence 24-Hour Hotline:

(717) 854-3131

(800) 422-3204 - Toll Free

www.ywcayork.com/victim-services

Child Line and Abuse Registry (PA Dept. of Public Welfare)

The mission of Child Line is to accept calls from the public and professional sources 24 hours per day, seven days per week. Child Line will provide information, counseling, and referral services for families and children to ensure the safety and well-being of the children of Pennsylvania. The Intake Unit is available 24 hours to receive reports of suspected child abuse.

To report suspected child abuse or request child abuse history clearance form, call (800) 932-0313.

Domestic Violence Hotlines (by county)

Cumberland – (800) 852-2102

Dauphin- (800) 852-2101

Perry- (800) 852-2102

York- (800) 262-8444

Futures Without Violence

Futures Without Violence provides education programs, national policy development, professional training programs, and public actions designed to end violence against women, children and families around the world.

Washington, DC Office:

Phone: (202) 595-7382

Fax: (202) 299-1292

(202) 595-7382

Hero Project

HERO, a project of the Pennsylvania Coalition Against Rape, is a community-based, media-driven, child sexual abuse prevention program designed to educate and motivate adult

community members to call the 24-hour HERO Hotline if they suspect child sexual abuse. If you suspect a child is being sexually abused and would like to talk it over with someone before taking action, call the 24 hour Hero Hotline

(877) 874-HERO

www.hero-project.org

MidPenn Legal Services

Providing the following legal services: Family Law, Custody, Domestic Violence, Housing, Foreclosures, Access to Medical Care, Public Benefits, Unemployment, Barriers to Employment, Consumer Law, and Elder Law. Offers assistance in filing a Protection From Abuse (PFA) petition. Eligible if income is less than 125% of the current national poverty line.

Harrisburg office:

213-A N. Front St., Harrisburg
(717) 232-0581
(800) 932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle
(717) 243-9400
(800) 822-5288

York office:

29 N. Queen St., York
(717) 848-3605

www.midpenn.org

National Domestic Violence Hotline

(800) 799-7233

National Sexual Violence Resource Center (local center)

125 North Enola Drive
Enola Pennsylvania 17025
United States

Phone: (717) 728-9740

Fax: (717) 728-9781

Information on Sexual Assault Centers: www.pcar.org/contractor/search www.nsvrc.org

Pennsylvania Coalition Against Domestic Violence

Private nonprofit organization working to eliminate domestic violence, secure justice for victims, enhance safety for families and communities and create lasting systems and social change.

(717) 545-6400
(800) 932-4632
3605 Vartan Way, Suite 101, Harrisburg
www.pcadv.org

Pennsylvania Coalition Against Rape

Help for victims of sexual abuse, including information, referrals and resources.

(888) 772-7227 (24 hour hotline)
(717) 728-9740
(800) 692-7445

Perry County/YWCA – Sexual Assault Services

LSpinella@ywcahbg.org
(717) 582-4500

Pinnacle Health Children’s Resource Center

Servicing Dauphin, Cumberland and Perry Counties. The Children's Resource Center partners with law enforcement, district attorney’s offices, social services, psychological support services, crisis intervention, and child protection services to provide efficient, quality care in a safe, child-friendly environment for children suspected of having been abused or neglected. Children receive all necessary care in one visit.

Located on the first floor of the Community Health Center:
2645 North Third St., Harrisburg
(717) 782-6800

www.pinnaclehealth.org/crc

YWCA Domestic Violence Legal Center

Legal Aid for victims of domestic violence
114 Walnut St. Harrisburg, PA
(717) 724-0516

YWCA of Greater Harrisburg

HOTLINE
(800) 654-1211
(717) 238-7273

www.ywcahbg.org

ADOPTION

Adoptions from the Heart

Non-profit, nonsectarian agency providing services for pregnant women, people looking to adopt, educational services, medical, and legal care.

(800) 355-5500
Central PA office
(717) 232-1787
(717) 399-7766
1525 Oregon Pike, Suite 402, Lancaster

www.adoptionsfromtheheart.org

Bethany Christian Services

#717-238-3549
2101 North Front Street
Building #1
Suite 201
Harrisburg, PA 17110

Catholic Charities

Office of Adoption Services
(717) 564-7115
939 East Park Dr., Suite 103, Harrisburg

Common Sense Adoption Services

Common Sense Adoption Services is a licensed, non-profit adoption and foster care agency located in Camp Hill, PA. Serving families throughout Central Pennsylvania in all aspects of adoption.

(717) 412-0772
3001 Market St., Camp Hill

www.commonsenseadoption.org

Jewish Family Service of Greater Harrisburg, Inc.

(717) 233-1681
3333 N. Front St., Harrisburg

www.jfsofhhbg.org

SWAN (Statewide Adoption and Permanency Network)

A partnership among the Department of Public Welfare (DPW), the Pennsylvania Adoption Exchange, public and private adoption agencies, organizations, advocates, judges, the legal community, and foster and adoptive parents. The purpose is to build a better collaborative

adoption process in Pennsylvania by assisting children in the custody of county children and youth agencies.

(800) 585-SWAN

www.adoptpakids.org

AIDS

AIDS Factline

Confidential AIDS counseling

(800) 662-6080

Alder Health Services

A network of services and programs focused on enhancing the health outcomes of individuals impacted by HIV/AIDS. Dedicated to improving the health of South Central Pennsylvania with an emphasis upon the unique needs of individuals living with HIV/AIDS, members of the LGBT community and those struggling with addiction. Many community services provided at no cost (HIV testing).

100 N. Cameron St., Suite 301

Harrisburg

(800) 867-1550

(717) 233-7190

www.alderhealth.org

Center for Disease Control - National AIDS Hotline

(800) CDC-INFO

Available 24 hours a day, 7 days a week.

www.cdc.gov/hiv

Family Health Council of Central PA

FHCCP oversees and supports a diverse, 28-county network of organizations providing a range of vital services and care to thousands of women, men, children and adolescents each year. Services include women's health care, cancer screening and education, tobacco prevention and cessation, nutrition advice and healthy foods, and HIV/AIDS support services.

3461 Market Street, Suite 200

Camp Hill, PA 17011-4441

(717) 761-7380

www.fhccp.org

The Hope Program

Hamilton Health Center's HOPE Program - located at 110 S. 17th Street, Harrisburg, and is staffed by a variety of specialized, trained individuals who represent our patient population ethnic disparities. The staff plays leadership roles in sustaining the HOPE Program, promoting HIV testing, counseling, treatment, awareness and education in the Harrisburg area. Providing treatment, education and preventative services to Dauphin County and surrounding areas.

110 S. 17 St., Harrisburg
(717) 230-3949

www.hamiltonhealthcenter.com

Loaves of Love Food Pantry

A United Methodist ministry in Harrisburg - reaching out to people with HIV and AIDS, helping them find independence and dignity in the very basics of everyday living.

Harris Street
United Methodist Church
1605 Susquehanna St., Harrisburg
(717) 238-4036

PA Department of Health

(877) 238-3258

Pinnacle Health – (REACCH)

This comprehensive care program, coordinated by a registered nurse, is comprised of diagnostic, therapeutic and supportive services including education about HIV disease and transmission, as well as treatment recommendations and how to access them.

Medical care is managed by an infectious disease physician and a nurse practitioner. In addition, medical management includes: Nutritional counseling, Social service support, Financial counseling, Help finding community resources. Also offers free HIV testing.

(717) 782-2750
2501 N. Third St., Harrisburg

www.pinnaclehealth.org/REACCH

ALCOHOL TREATMENT

Alcoholics Anonymous - Harrisburg Area Intergroup

Harrisburg Area Intergroup (HAI) was formed in 1980 to serve the growing population of AA groups in Dauphin and Cumberland counties. HAI provides prison outreach services, 24-hour hotline assistance and current meeting schedules.

1251 South 19th Street
Harrisburg, PA 17105
(717) 234-5390

www.aaharrisburg.org

Alcoholics Anonymous - International

P.O. Box 459
Grand Central Station
New York, NY 10163
(212) 870-3400

www.aa.org

Alcoholics and Narcotics Helpline

24 hours
(717) 238-5920

Al-anon/Al-ateen

For family and friends of problem drinkers.
(888) 425-2666

www.pa-al-anon.alateen.org

Baby Love

Designed to meet the physical, emotional and social needs of pregnant and postpartum women who are using alcohol, tobacco and other drugs.

1650 Walnut St., Harrisburg
1-(866)-530-2229

www.harrisburgbabylove.com

Bethesda Mission (Helmsman Program)

Reaching out to men, women and children of all races, nationalities and creeds, providing the poor and homeless with shelter, food, clothing, sharing the good news of Jesus Christ. The Helmsman Program helps restore lives that have been nearly destroyed by alcohol and drug addiction. By providing a Christian framework for change, sharing, praying and showing God's love are parts of the spiritual emphasis of this program.

Bethesda Mission (Helmsman Program) continued

611 Reily St., Harrisburg
(717) 257-4440

www.bethesdamission.org

CONTACT - Helpline

Information and referral service.
(800) 932-4616
(717) 249-6226 (Carlisle area)

Cumberland-Perry Drug & Alcohol Commission

Our mission is to ensure that a full continuum of quality substance abuse prevention, intervention, and treatment services is available to all eligible Cumberland and Perry County residents. These services include: Substance Abuse Prevention, Tobacco Abuse Prevention, Student Assistance Program Support, Local Treatment, and Case Management.

16 W. High St. Suite 302
Carlisle, PA 17013
(717) 240-6300
(866) 240-6300
Fax: (717) 240-6488

www.ccpa.net or jcarroll@ccpa.net

Dauphin County Drug & Alcohol Commission

To serve those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

1100 S. Cameron St.
Harrisburg, PA 17104-2531
(717) 635-2254
FAX: (717) 635-2266

www.dauphincounty.org

Mothers Against Drunk Driving (MADD)

The mission of Mothers Against Drunk Driving is to stop drunk driving and support the victims of this violent crime. MADD greatly expanded its work on preventing underage drinking.

(717) 657-3911
4309 Linglestown Rd., #209, Harrisburg

www.madd.org

Perry Human Services

Provides drug and alcohol services, adult social services, and education programs in the schools and in the community.

(717) 582-8703
Mulhollem Office Centre
8391 Spring Rd., New Bloomfield

www.perryco.org

The RASE Project (Recovery Advocacy Support Encouragement)

Assists all individuals affected by substance use issues, problems, and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process. RASE provides advocacy for persons being discriminated against due to the disease of addiction. Serves Central Pennsylvania by providing advocacy services for individuals in or seeking recovery from the disease of addiction; safe and secure therapeutic recovery housing for women in early recovery; peer to peer recovery services; positive social events; consciousness raising activities; and public policy forums to disseminate the most recent legislation affecting the recovery community.

100 North Cameron Street, Suite 401-E
Harrisburg, PA 17101
Phone: (717) 232-8535
Fax: (717) 232-8515

denise@raseproject.org

RASE of Carlisle

8 South Hanover Street, Suite 204
Carlisle, PA 17013
Fax: (717) 386-5143

Salvation Army Adult Rehabilitation Center

Spiritual, social, and emotional assistance for men and women who have lost the ability to cope with their problems and provide for themselves. Centers offer residential housing, work, and group and individual therapy, all in a clean, wholesome environment.

3650 Vartan Way
P.O. Box 60096

Harrisburg, PA 17106
(717) 541-0203

www.satruck.org

Teen Challenge

Teen Challenge is a faith-based drug and alcohol rehabilitation facility, which believes in a total cure for the whole man.

(717) 303-5829
P.O. Box 1222
Harrisburg, PA 17108

www.harrisburgtc.org

York Rescue Mission

The Men's Ministry includes the Spiritual Life Recovery Program, Transient Care, and Temporary Senior Foster Care. A 28-bed emergency shelter is available for men. Supportive guidance, Chapel, meals and clothing are provided. The Women's Ministry includes the Women & Children's Emergency Shelter (an emergency shelter for those who are homeless for various reasons), the Fresh Start Program, and the New Creation Bridge Housing Program. The shelter provides: food, shelter, clothing, counseling and advice on case management.

Men's:

363-369 West Market Street, York

Women's:

17 & 27 Jefferson Avenue, York

P.O. Box 1968
York, PA 17405
(717) 845-7662

www.yorkrescuemission.org

BULLYING

Anti-Defamation League

The Anti-Defamation League was founded in 1913 "to stop the defamation of the Jewish people and to secure justice and fair treatment to all." Now the nation's premier civil rights/human relations agency, ADL fights anti-Semitism and all forms of bigotry, defends democratic ideals and protects civil rights for all.

Local office: Philadelphia
www.noplaceforhate.org

PA Anti-Bullying Laws & Policies

Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

www.stopbullying.gov

Pennsylvania Student Equality Coalition

The Pennsylvania Student Equality Coalition (PSEC) represents our statewide lesbian, gay, bisexual, transgender and queer youth organization. PSEC is an entirely youth-led and youth-run organization dedicated to advocacy toward safe schools and communities for all.

PSEC Harrisburg
PO Box 250
Harrisburg, PA 17108
(717) 743-1035

www.pennsec.org

CASH ASSISTANCE

Cumberland County Assistance office - (www.FinancialHelpResources.com)

Financial Help Provided: SNAP, TANF Cash Assistance, Food Stamps, Welfare Office, Home Heating, Medical Assistance

Description: This is a Pennsylvania County Department of Public Welfare Office.

Services include:

Office of Income Maintenance: Serves low-income Pennsylvanians through cash assistance programs such as Temporary Assistance to Needy Families (TANF); employment and training programs; the Supplemental Nutrition Assistance Program (SNAP)(formally known as Food Stamps); home heating assistance (LIHEAP); and assistance programs for refugees and the homeless. Many of these services are delivered through more than 90 county-assistance offices located across Pennsylvania.

Department of Public Welfare also works closely with other state agencies who serve similar populations. The department partners with the Pennsylvania Department of Aging through the Office of Long-Term Living. This office addresses the solutions and challenges of housing and caring for older adults. Also, in a joint partnership with the Pennsylvania Department of Education, the Office of Child Development and Early Learning serves children and families in early-learning, subsidized childcare and early intervention programs for at-risk children.

Office of Medical Assistance Programs: This department is responsible for purchasing healthcare for more than 2.3 million Pennsylvania residents and enrolling Medical Assistance providers who administer the care. Works closely with these providers to process their claims, establish rates and fees, and contract and monitor managed care organizations.

33 Westminster Drive, Carlisle, PA 18013-0599

Toll Free: 1-(800)-269-0173

Phone: (717) 240-2700

FAX: (717) 240-2781

Dauphin County Assistance Office – (www.FinancialHelpResources.com)
(Same description of services as Cumberland County)

2432 N. 7th Street, PO Box 5959, Harrisburg, PA 17110-0959
Toll Free: 1-(800) 788-5616
Phone: (717) 787-2324; LIHEAP: (717) 265-8919
FAX: (717) 772-4703

CHILD ABUSE

To Report Child Abuse:

PA Department of Public Welfare registry
(800) 932-0313
(717) 783-1964

Association of Sites Advocating Child Protection

ASACP battles child pornography through its CP Reporting Hotline and helps parents prevent children from viewing age-restricted material online with the Restricted To Adults (RTA web label). Based in California.

Reports can only be made online at: www.asacp.org.

Child Help

Childhelp® is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. The approach focuses on prevention, intervention and treatment. The Childhelp National Child Abuse Hotline operates 24-hours a day, 7 days a week, and receives calls from throughout the United States, Canada, the U.S. Virgin Islands, Puerto Rico and Guam.

(800) 422-4453
National Child Abuse Hotline – 1-(800)-4-A-CHILD

www.ChildHelp.org

Hero Project

HERO, a project of the Pennsylvania Coalition Against Rape, is a community-based, media-driven, child sexual abuse prevention program designed to educate and motivate adult community members to call the 24-hour HERO Hotline if they suspect child sexual abuse. If you suspect a child is being sexually abused and would like to talk it over with someone before taking action, call the 24 hour Hero Hotline.

(877) 874-HERO

www.hero-project.org

Pennsylvania Coalition Against Rape (PCAR)

Help for victims of sexual abuse, including information, referrals and resources.

(888) 772-7227 (24-hour hotline)

(717) 728-9740

(800) 692-7445

www.pcar.org

Pinnacle Health Children's Resource Center

Servicing Dauphin, Cumberland and Perry Counties. The Children's Resource Center partners with law enforcement, district attorney's offices, social services, psychological support services, crisis intervention, and child protection services to provide efficient, quality care in a safe, child-friendly environment for children suspected of having been abused or neglected. Children receive all necessary care in one visit.

Located on the first floor of the Community Health Center:

2645 North Third St., Harrisburg

(717) 782-6800

www.pinnaclehealth.org/crc

CHILD CARE ASSISTANCE

Child Care Works

Available for Pennsylvania residents with the following restrictions: 1) Have a child or children who need child care while you work or attend an education program; 2) Meet income guidelines for your family size; 3) Work 20 or more hours per week OR work 10 hours per week & go to school/train for 10 hours per week; 4) Have a promise of a job that will start within 30 days of your application for subsidized childcare; 5) Teenage parents must attend an education program; 6) The child who needs care must be a citizen of the United States or an alien lawfully admitted for permanent residency; and 7) Have proof of identification for each parent or caretaker in the home.

CCIS – (724) 658-8874 or 1-(888) 774-9130

Child Care Works Helpline - 1-(877) 472-5437

www.dpw.state.pa.us/forchildren/childcareearlylearning/childcareworkssubsidizedchildcareprogram/index.htm

Child Care Information Services (CCIS) of Cumberland/Dauphin/Perry

Provides personalized child care referrals to child care providers based on your specific needs or preferences. Provides an online directory of child care providers. CCIS agencies also administer the Child Care Works subsidized child care program.

Cumberland County:

230 S. Spring Garden St.

Carlisle, PA 17013

(717) 243-4014

Toll Free: 1-(800) 358-8725

FAX: (717) 243-0309

Dauphin County:

110 N. 26th St.

Harrisburg, PA 17103

(717) 233-8454

Toll Free: 1-(800) 952-7419

FAX: (717) 233-8189

www.dpw.state.pa.us/findfacilsandlocs/childcareinformationservices/index

CHILDREN

Bethesda Mission Youth Center

The following programs are offered:

- Bethesda's After-School Program serves youth ages 7 through 18 who, for the most part, live in the surrounding neighborhood.
- "Hot Spot" is a weekly outreach night designed to introduce teenagers who are not a part of our other programs to the youth center and present the gospel of Jesus Christ.
- During summer break, we run an 8-week Summer Camp Program offering morning classes, lunch and a large variety of afternoon field trips.
- The UCAN Mentoring Program matches committed volunteers with older students to establish a mentoring relationship, which allows for discipleship, encouragement, and educational help.

1438 Herr St., P.O. Box 3041
Harrisburg, PA 17105
Phone: (717) 257-4442
Fax: (717) 257-5486

info@bethesdamission.org

Boys and Girls Club of Central PA

The Boys & Girls Club of Harrisburg and its three neighborhood Clubhouses offer a drug-free, alcohol-free atmosphere with caring professionals. They provide not only a safe and positive place to be, but also offer programs geared to today's challenges through specific structured and guidance-oriented activities.

1227 Berryhill Street
Harrisburg, PA 17104
Steve Lynch, Unit Director
(717) 234-3268
Fax: (717) 234-3273

www.bgccp.org

Capital Area Head Start

Gives children a head start in life, empowers parents, and strengthens families. A comprehensive, federally-funded child development program which serves more than 900

families in the tri-county area. Children may enter the Head Start program up to two years before entering public school. Through our Early Head Start program, we provide services for children ages birth to three and women who are pregnant. Children in all programs receive comprehensive services, including educational, medical, dental, nutritional and family social services.

Capital Area Head Start (continued)

124 Pine Street
Harrisburg, PA, 17101

Phone: (717) 232-7509
Toll-Free: (888) 377-6504
Fax: (717) 232-4597

[mdehart @ keystonehumanservices.org](mailto:mdehart@keystonehumanservices.org)

CHIPS (Children's Health Insurance Program)

Most children receive CHIP for free. Others can get the same benefits at a low cost. If your income is below the lowest amount listed (full chart on website), your child or teen may be enrolled in Medical Assistance.

(800) 986-KIDS
www.chipcoverspakids.com

Child Care Works Helpline

(See info in Child Assistance section.)
(877)-4-PA-Kids

Child Care Information Services

(See info in Child Assistance section.)
Cumberland and Perry Counties
(717) 243-4014 or (800) 358-8725
Dauphin County
(717) 233-8454 or (800) 952-7419
York County
(717) 854-2273 or (800) 864-4925

Child Find of America

A national not-for-profit charity that works to prevent and resolve all cases of missing and abducted children, and to ensure that all children are in a safe and legal environment.

IF YOU NEED TO REPORT A MISSING CHILD:

First, call your local police.
Then, call Child Find at 1-800-I-AM-LOST (1-800-426-5678).
www.childfindofamerica.org

Children's Home of York

Provides various social services for children including: Children's Home of York's BRIDGES Program - a psychiatric partial hospitalization unit providing stabilization and treatment for children and adolescents who are experiencing severe psychiatric symptoms and emotional disturbance (for more information, call (717) 718-1890); Family Innovative Supportive Housing (FISH) - serves families with children who are homeless/near homeless (for more information, call (717) 755-1033 ext. 1700);

Children's Home of York (continued)

Evaluation services (for more information, call (717) 755-1033 ext. 1236); Girl's Center - specializes in the treatment of adolescent females who have serious emotional difficulties (for more information, call (717) 755-1033 ext. 1307); Independent Living at George Street - a community-based Independent Living (IL) Program for adolescent males aged 15 to 18 (for more information, call (717) 846-8226); Foster Care and Adoptive Services (for more information, please call (717) 755-1033 ext. 1222).

77 Shoe House Road
York, Pennsylvania 17406
Telephone: (717) 755-1033
Fax: (717) 755-9993

choy@choyork.org

Children and Youth of Dauphin County

Dauphin County Social Services for Children and Youth is a public agency dedicated to the health, safety and general welfare of children and families.

1001 North 6th Street
Harrisburg, PA 17101
(717) 780-7200

www.dauphincounty.org/human-services/children-youth-services

Community Check Up Center

Provides comprehensive medical services to women and children in South Harrisburg as well as the tri-county area. No one is denied healthcare due to lack of insurance or finances.

Pediatrics:

8:30 am to 4:30 pm
Monday through Friday

Women:

9 am to 4:30 pm
Tuesday and Friday

(717) 233-1700
38C Hall Manor, Harrisburg 17104

www.communitycheckupcenter.org

Family Health Council of Central PA

Oversees and supports a diverse, 28-county network of organizations providing a range of vital services and care for women, men, children and adolescents. Services include women's health care, cancer screening and education, nutrition advice and healthy foods, and HIV/AIDS support services.

Family Health Council of Central PA (continued)

3461 Market Street, Suite 200
Camp Hill, PA 17011
(717) 761-7380

www.fhccp.org

Greater Harrisburg Healthy Start

A program of Hamilton Health Services that provides prenatal and postpartum care for women children in the Harrisburg and Steelton area.

1650 Walnut Street
Harrisburg, PA 17110
(717) 909-1278

www.harrisburghealthystart.com

Health Baby Helpline

Help and info for pregnant mothers.
(800) 986-2229

Health Kids Helpline

Help and info for parents.
(800) 986-5437

Heidi Search Center for Missing Children

Based in Texas - a center that advocates for families of missing children and adults, educates communities, and assists in law enforcement sanctioned searches.

(210) 650-0428

www.heidisearchcenter.com

Keystone Children and Family Services

Keystone Human Services works to support men, women and children with disabilities become valued, fully participating and contributing members of their community.

124 Pine Street
Harrisburg, PA, 17101
Phone: (717) 232-7509
Toll-Free: (888) 377-6504
Fax: (717) 232-4597

mdehart @ keystonehumanservices.org

Milton Hershey School

To be eligible for enrollment, a child must come from a family of low income. When making selections decisions, MHS considers the quality of care a child receives in his or her home. The highest qualifying income for a family of 4 is \$47,700 for 2014.

PO Box 830
Hershey, PA
(717) 520-2000
Admissions toll-free: (800) 322-3248

www.mhs-pa.org

National Center for Missing and Exploited Children

The leading nonprofit organization in the U.S. working with law enforcement, families and the professionals who serve them on issues related to missing and sexually exploited children. Established the CyberTipline.

1-800-THE-LOST
800-843-5678

www.missingkids.com

New Hope Ministries

We provide a variety of assistance and services in the Dillsburg, Dover, Hanover, Mechanicsburg, and West Shore areas of Pennsylvania – including after-school children and youth programs.

211 S. Baltimore St., Dillsburg
717-432-2087

www.nhp-pa.org

Northern Dauphin Human Service Center

A center for compassionate, competent care for the residents of Northern Dauphin County. Includes children and youth services.

295 State Drive, Elizabethville 17023
717-893-3344

Special Kids Network Help PA

The Special Kids Network (SKN) helps children and youth with special health care needs and disabilities get the services and support they require.

SKN toll-free – 1-800-986-4550

www.portal.state.pa.us/portal/server.pt/community/special_kids_network

United Methodist Home for Children

Provides emergency shelter and residential treatment for children on a 56-acre campus in Cumberland County. Children are referred to the home primarily by county children and youth agencies and family courts.

5120 Simpson Ferry Road
Mechanicsburg, PA
(717) 766-7652

www.umhcservices.com

WIC

A federally funded program that provides healthy supplemental foods and nutrition services for pregnant women, new mothers, infants and children under age five.

1-800-WIC-WINS (1-800-942-9467)

www.pawic.com

York County Children and Youth Services

100 West Market Street, Suite 4
York, PA 17401
(717) 846-8496

www.yccys.org

Youth Advocate Program, Inc.

YAP serves individuals and families across a continuum of needs, but specializes in working with those who are at highest risk - serving most marginalized youth, adults and their families, those most at-risk of or currently in out-of-home placements, such as secure detention, jails, residential treatment centers, group homes, etc.

2007 N. Third St., Harrisburg
717-232-7580

CHRONIC PAIN

American Chronic Pain Association

The ACPA has offers peer support and education in pain management skills to people with pain, family and friends, and health care professionals. They also sponsor local support groups.

(800) 533-3231
www.theacpa.org

Dr. Debra Benner

Dr. Benner is a certified professional chaplain and certified pain educator with an extensive knowledge of the medical, psychological, social, relational, and financial outcomes of chronic pain for both patients and those who love them. She lives in the Mechanicsburg area and is available for life coaching.

dbennerzoe@aol.com

CLOTHING

Community Aid

Improves the quality of life for individuals and families in our community by providing quality, gently-used clothing at an affordable price. Works with area churches and nonprofit charitable organizations.

4833 Carlisle Pike
Mechanicsburg, PA 17050
(717) 412-7706

www.communityaid.net

Dress for Success

The mission is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

29 S. 10th St.
Harrisburg, PA 17101
(717) 232-1333

www.dressforsuccess.org

Goodwill Store & Donation Center

627 N Cameron St
Harrisburg PA, 17101
(717) 232-5876
www.yourgoodwill.org

Red Cross (Local) - American Red Cross of the Susquehanna Valley

1804 North 6th Street
Harrisburg 17102

(866) 311-3832

www.redcross.org

Salvation Army Thrift Store

Camp Hill

3901 Trindle Rd
Camp Hill, PA 17011
(717) 731-0576

Harrisburg

5051 Hampton Court Rd
Harrisburg, PA 17112
(717) 657-1491

COUNSELING

New Hope Ministries

A Christian social service agency that shows the love and hope of Christ by serving our neighbors in times of need and supporting their efforts towards stability. We provide a variety of assistance and services in the Dillsburg, Dover, Hanover, Mechanicsburg, and West Shore areas of Pennsylvania.

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

nhm-pa.org

Perhaps Today Ministries (York)

Christian Spiritual Counseling Services to individuals, couples, families and married men and women.

Etters, PA
(717) 938-6133

www.Perhaps-Today.com

Restorative Interventions

Provides faith-based counseling to those struggling with addiction by working with individuals and their families.

New Cumberland 17070
(717) 329-0578

Someone To Tell It To

Provides compassionate listening and a safe environment for people to share their burdens and issues.

7810 Allentown Blvd.
Harrisburg, PA 17112
(717) 512-7763
(717) 497-4580

www.someonetotellitto.org

DISABILITIES**Americans with Disabilities Act Information**

A resource site by the U.S. Department of Justice for any needed information pertaining to the ADA. Information for employers, disabled, and small businesses.

ADA Information Line:

(800) 514 - 0301 (voice)
(800) 514 - 0383 (TTY)

www.ada.gov

The ARC of Cumberland and Perry counties

A non-profit, family focused, membership organization that provides individualized, community-based services to support the dignity and respect of people of all ages who have intellectual and developmental disabilities.

71 Ashland Ave
Carlisle, PA
(717) 249-2611

www.cparc.org

The ARC of Dauphin County

2569 Walnut St.
Penbrook, PA
(717) 920-2727

www.arcofdc.org

Center for Independent Living

The mission of the Center for Independent Living of Central Pennsylvania is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

207 House Ave. Suite 107
Camp Hill, PA
717-731-1900
(800) 323-6060

www.cilcp.org

Keystone Human Services

Provides comprehensive community-based services for children, young people, adults, and families in the areas of intellectual disabilities, autism, mental health, early intervention, and children and family services, serving individuals and families in Pennsylvania, Connecticut, Maryland, and Delaware, as well as Moldova and Russia.

124 Pine St.
Harrisburg, PA
(717) 232-7509

www.keystonehumanservices.org

United Cerebral Palsy of Central PA

A 501 (c)(3), non-profit charitable organization, is to assist infants, children, youth, and adults, with disabilities, and their families, achieve their goals of development, growth, independence, and full citizenship.

925 Linda Lane
Camp Hill, PA 17011
(717) 737.3477
Fax: (717) 975.3333
Toll free: (800) 998.4827

www.ucpcentralpa.org

Works for Me

A resource that can direct you to agencies and programs that help people with disabilities in Pennsylvania who want to work, and improve their financial security - resources that

will help find a job, obtain training, keep health insurance, get assistive technology, or find other needed support.

877-268-9894

www.worksforme-pa.org

DRUG TREATMENT

Alcoholics Victorious

Alcoholics Victorious is a network of Christian support groups for chemically dependent persons. Some groups also sponsor meetings for the spouses and concerned friends of addicts. Their common goal is to allow Jesus to become the guiding influence in their lives, and lead them to recovery. AV is not intended to replace Alcoholics Anonymous, Ala-non, or any other support group - AV makes an effort to cooperate with these efforts whenever possible.

National Headquarters
4501 Troost St.
Kansas City, MO 64110
(816) 561-0567

www.alcoholicsvictorious.org

Baby Love

Provides free intensive case management services designed to help pregnant women (or with a child under five-years of age) with addictions reach their personal goals. Case managers work with each woman to establish individualized goal plans that help facilitate the completion of these goals for self and family. Must be a Dauphin County resident and willing to participate in addiction treatment.

1-(866)-530-2229
www.harrisburgbabylove.com

Bethesda Mission

The New Beginnings Program is a 12 -16 week introductory course in recovery issues and the basics of Christianity. The Helmsman Program helps restore lives that have been nearly destroyed by alcohol and drug addiction.

611 Reilly St.
Harrisburg, PA
(717) 257-4440
www.bethesdamission.org

Christians in Recovery

An internet community for all recovery issues.
POBox 4422
Tequesta, FL 33469

www.christians-in-recovery.org

Confident Kids

A Bible-based support group program offering a life skills curriculum that helps families with children ages 4 – 12-years old deal with the stresses of living in today's world. In a concurrent group, parents learn to apply these same skills at home, while experiencing a safe place to share their stories.

2422 Divide Way
Santa Maria, CA 93458
805-614-2844

www.confidentkids.com

Contact Helpline

(800) 932-4616
(717) 652-4400
(717) 249-6226 (Carlisle)

Cumberland Perry Drug and Alcohol Commission

16 High St. Suite 302
Carlisle, PA 17013
(717) 240-6300
(866) 240-6300
Fax: (717) 240-6488

cumbperrydanda@ccpa.net

National Association for Christian Recovery

A not-for-profit religious organization whose passion is the cultivation and growth of recovery communities within or in partnership with Christian churches.

P.O. Box 3771
Richmond, VA 23235
(888) 902-6992

www.nacr.org

Narcotics Anonymous

A global, community-based organization with more than 61,000 meetings weekly in 129 countries. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. NA's approach makes no distinction between drugs including alcohol.

Capital Area group:
P.O. Box 26
Harrisburg, PA 17108
(717) 233-3733

Overcomers Outreach

Overcomers Outreach is a fellowship of men and women who have been affected either directly or indirectly by the abuse of any mood-altering chemical or compulsive behaviour. We believe that our "higher power" is Jesus Christ.

12828 Acheson Drive
Whittier, CA 90601
(800) 310-9000

www.overcomersoutreach.org

Pennsylvania Department of Drug and Alcohol Programs

Committed to providing comprehensive, quality resources to Single-County Authorities (SCAs), community leaders, treatment professionals and other stakeholders throughout the commonwealth.

(717) 783-8200

www.ddap.pa.gov

Perry Human Services

PHS provides treatment to individuals struggling because of substance use. Counseling is also available to those who are suffering because of someone else's substance use. Target populations include individuals, couples, families, adolescents, pregnant women, women with children, and IV drug users.

Mulhollem Office Centre
8391 Spring Road , P.O. Box 436
New Bloomfield, PA 17068

Phone: (717)582-8703

Fax: (717) 582-3694

Hours: Monday, Wednesday, Friday 8am-4pm, Tuesday, Thursday 8am-8pm

www.perryhumanservices.org

The RASE project (Buprenorphine Coordination)

Assisting all individuals affected by substance use issues by fostering progress, enriching lives, and ultimately enhancing the recovery process. A 501 (c) 3, non-profit, charitable organization comprised entirely of staff and volunteers from the Recovery Community. Serves Central Pennsylvania and provides advocacy services; recovery housing for women in early recovery; peer to peer recovery services like Buprenorphine Care Coordination; positive social events; consciousness raising activities.

The RASE project (Buprenorphine Coordination) (continued)

100 N. Cameron St. Suite 401-E

Harrisburg, PA 17101

(717) 232-8535

FAX: (717) 232-8515

Email: denise@raseproject.org

8 S. Hanover Street, Suite 204

Carlisle, PA 17013

(717) 249-6499

Salvation Army ARC (Adult Rehab Center)

Harrisburg:

3650 Vartan Way

P.O. Box 60095

Harrisburg, PA 17106

(717) 541-0203

Carlisle:

20 East Pomfret Street

Carlisle, PA

(717) 249-1411

York:

50 East King Street
York, PA
(717) 848-2364
St. Martin De Porres Catholic Worker House
1440 Market St.
Harrisburg, PA
(717) 230-8328

Substance Abuse Treatment
Internet locator service for treatment centers

www.findtreatment.samhsa.gov

EDUCATION/LITERACY/JOB TRAINING

Career Link Capital Region
717-783-3270
100 North Cameron Street
Harrisburg, PA 17110

Center for Education, Employment, and Entrepreneurial Development (CEEED)
Located in Allison Hill – YWCA Greater Harrisburg in collaboration with Tri-County OIC, PROBE, United Way, Goodwill, HACC, etc. CREED offers a range of programs that focus on unemployment, underemployment, and education.
1301 Derry St.
Harrisburg, PA
(717) 724-4834

www.ywcahbg.org

Central PA Literacy Council
Provides Individualized Instruction for adults who have busy schedules and think they don't have the time to learn because they work nights, weekends, doubles or shifts. We also support adults who may learn better in small groups or with a tutor. The Literacy Council offers Individualized Instruction seven days a week by appointment.

225 Hummel Ave (rear)
Lemoyne, PA
(717) 763-7522

www.centralpennsylvanialiteracycouncil.com

Channels Food Service

Distributes food to homeless shelters, soup kitchens and related agencies. Also offers a job-training kitchen school for low income persons.

3305 N. 6th St.
Harrisburg, PA
(717) 232-1300

www.channelsfoodrescue.com

Community Action Commission

Working to help our clients break the cycle of poverty - By teaching children to read, providing in-home case management, offering parenting and budgeting classes, computer classes, language skills, helping a single mother find childcare and employment, mentoring at-risk youth, addressing blight in our neighborhood or empowering fathers to strengthen relationships with their children. We take a comprehensive approach to individual, family, and neighborhood success.

1514 Derry St.
Harrisburg, PA
(717) 232-9757

www.cactricounty.org

Employment Skills Center

A non-profit agency that has been a leader in adult education for more than 47 years in the greater Carlisle area. Education is the key to better job opportunities, family-sustaining wages, and more meaningful involvement in the community. We offer classes in Adult Literacy, GED® Preparation, Nurse-Aid pre-clinical training, English as a Second Language (ESL), Computer Skills, and Work Readiness training. The Center is open Monday through Thursday 8:30 am to 4:30 pm.

29 S. Hanover St.
Carlisle, PA
(717) 243-6040

www.employmentskillscenter.org

Perry County Literacy

A non-profit organization serving Perry County residents. Provides GED preparation and testing in the community and for Inmates at the Perry County Prison and Workforce

Certification classes and assessments. A member of the Tri-County Adult Education Consortium.

133 S. Fifth St.
Newport, PA
(717) 567-7323

www.perryliteracy.com

Tri-County OIC Adult Learning Center

Provides quality academic, vocational, workforce, and family education classes at 20 sites in Cumberland, Dauphin, Perry, and York counties. We offer programs to help students achieve basic literacy skills, basic workplace foundation skills, or family literacy skills; earn the GED® equivalency diploma or a Harrisburg High School diploma; and acquire vocational skills. We also provide support services, academic and vocational services to help students succeed in school and make the transition into continuing education and employment.

500 McClay St.
Harrisburg, PA
(717) 238-7318

www.tricountyoic.org

EMERGENCY HELP

(See also Heating/Utilities; Rental Assistance; Shelters)

American Red Cross

1804 N. 6th St.
Harrisburg, PA
(717) 234-3101
www.sqvalleyredcross.org

Contact Helpline

Emergency counseling and referral agency for social services; 24 hrs./day, 7 days/week.
(800) 932-4616
(717) 652-4400
(717) 249-6226 (Carlisle)

Crisis Intervention

Emergency mental health services; 24 hrs./day, 7 days/week.
100 Chestnut St.
Harrisburg, PA
(717) 232-7511

Crisis Intervention (Cumberland and Perry Counties)

Emergency help line; 24 hrs./day, 7 days/week.

(717) 763-2222 - Camp Hill

(717) 243-6005 - Carlisle

(866) 350-HELP - all other areas

Department of Public Welfare Helpline

The Welfare Helpline services inquiries about public assistance programs in Pennsylvania, including (but not limited to) cash assistance, food stamps, Medicaid eligibility, and energy assistance (LIHEAP).

Normal work hours = (8 a.m. – 5 p.m.) or can apply online at COMPASS.

(800) 692-7462

www.compass.state.pa.us

HELP Ministries of Christian Churches United

Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel and prescription assistance, furniture referrals and clothing referrals.

413 S. 19th Street, P.O. Box 60750

Harrisburg, PA 17106

Phone: (717) 238-2851

Fax: (717) 238-1916

Hours: Monday through Friday (8:30 a.m. - 4:30 p.m.)

LIHEAP (Low Income Home Energy Assistance Program Hotline)

LIHEAP assists eligible low-income households with their heating and cooling energy costs, and, if the state chooses, to weatherize homes. Income less than \$35,775 for a family of four. See website for income eligibility.

(866) 857-7095

www.benefits.gov

New Digs Ministry

Assists families and individuals in need by providing good used furniture and household goods.

5 Pleasant View Drive

Mechanicsburg, PA

(717) 620-9735

www.newdigsministry.org

New Hope Ministries

A Christian social service agency that shows the love and hope of Christ by serving our neighbors in times of need and supporting their efforts towards stability. We provide a variety of assistance and services in the Dillsburg, Dover, Hanover, Mechanicsburg, and West Shore areas of Pennsylvania.

211 S. Baltimore St.
Dillsburg, PA
(717) 432-2087

www.nhm-pa.org

Perry Human services

Provides housing assistance and emergency shelter services.

Mullhollem Office Centre
8391 Spring Road
New Bloomfield, PA
(717) 582-8703

Provides housing assistance and emergency shelter services.

FOOD ASSISTANCE

(See also Soup Kitchens; For additional information, Central PA Food Bank at (717) 564-1700; or, find a location near you (www.centralpafoodbank.org); Call for days, times, and places of food distribution.)

Antioch Tabernacle Food Pantry, Soup Kitchen

Food pantry & Soup kitchen – Thursdays (11 am - 1 pm) - Supplies food baskets for holidays and food items throughout the year to residents in 17103 and 17104.

1920 North St.
Harrisburg, PA
(717)233-8231

www.antioch-tabernacle.org

Big Spring Area Food Bank

Located at the Big Spring United Lutheran Church. The normal distribution date is the last Monday of the month, with the exception of May, November, and December. During these months the distribution will be held the Monday before the Memorial Day, Thanksgiving, and Christmas holidays. Serves the Big Spring School District.

Big Spring United Lutheran Church
101 Crossroad School Road
Newville, PA
(717) 422-4603

www.newvilleborough.com

Bread of Life Outreach

A non-profit food distribution ministry run for the physical needs of low income families in the Perry County area. Offering a variety of food and other household products. Held the second Saturday of each month, additional hours are available Monday, Wednesday & Friday from 9:00 a.m. until Noon, to meet emergency needs.

Newport Assembly of God
253 N. 6th St.
Newport, PA 17074
(717) 567-3333
(717) 567-8191 (Warehouse office)

www.breadoflifeoutreach.org

The Bridge Emergency Food Bank

Serves residents in New Cumberland, Lemoyne, and Camp Hill.
Food distribution: 3rd Friday of every month at the West Shore Senior Center in New Cumberland.

122 Geary Avenue
New Cumberland, PA
(717) 774-6255

www.ccpa.net

Channels Food Service

A charitable non-profit organization which collects excess perishable and shelf-stable food from hospitals, hotels, corporate kitchens, food contractors and retail stores and distributes to our member agencies such as homeless shelters, soup kitchens, crisis centers, homeless shelters, and other agencies in our area who serve people in need. A three-pronged approach which involves gathering the necessary resources, food preparation and delivery, and educational programs (job-training kitchen school) - all aimed at alleviating hunger in Central PA.

3305 N. 6th St.
Harrisburg, PA 17110
(717) 232-1300

www.channelsfoodrescue.com

Christian Life Assembly Food Bank

Normally operates 9 -12 a.m. on second Tuesday of the month; opens on third Tuesday of month if Tuesday is first day of the month.

2645 Lisburn Road
Camp Hill, PA
(717) 737-6560

Cumberland County Assistance Office (www.dpw.state.pa.us)

33 Westminster Drive
Carlisle, PA 17013
Toll Free: 1-(800) - 269-0173
Phone: (717) 240-2700
FAX: (717) 240-2781

Dauphin County Assistance Office (www.dpw.state.pa.us)

2432 N. 7th Street, PO Box 5959
Harrisburg, PA 17110-0959
Toll Free: 1-(800)-788-5616
Phone: (717) 787-2324
FAX: 717-772-4703

Derry Street Church: A United Methodist Community

717-233-6441
1508 Derry Street
Harrisburg, PA 17104
Food Bank available Th & F

Derry Township Food Bank

Serving on the 1st and 3rd Thursdays of the month (9 – 11:30 a.m. & 5 – 7 p.m.); and 3rd Wednesdays (9 – 11:30 a.m.); Emergencies by appointment. Also prepares food baskets at Thanksgiving and Christmas to families identified and referred from churches, schools and others as being in need.

120 East Derry Road
Hershey, PA 17033
(717) 520-3143

www.hersheyfoodbank.com

Ecumenical Food Pantry

The Pantry will provide a three-day supply of food to any person with a voucher from one of 50 cooperating agencies and churches that verify family size and need. Clients can return again after 30 days with another voucher. The Pantry is open Monday to Friday (9:30 to Noon and 12:30 to 2). There are income limitations – see (<http://ecumenicalfoodpantry.wordpress.com/household-income-limitations>).

Messiah Lutheran Church
901 North 6th St.
Harrisburg, PA 17102
(717) 233-6889

www.ecumenicalfoodpantry.wordpress.com

Feed My Sheep Food Ministry

Call for assistance in Dauphin Borough and Middle Paxton Township.
(717) 921-8528

Five Loaves Food Pantry

Operates out of Cornerstone Fellowship Church and serves community members in the 17043, 17011, 17010 and 17025 zip codes. We work in co-operation with Central PA Food Bank, New Hope Ministries, Mechanicsburg, PA, and Liberti Church, Harrisburg, PA. We distribute food to qualified families monthly as needed. Distribution is the 3rd Saturday of the month (10 am – noon). For emergencies, call the church office. Please bring ID and proof of residence.

Cornerstone Fellowship
32 S. Front St.
Wormleysburg, PA
(717) 737-1903

www.cfaog.org

Grace House

Serves zip code 17104.

1125 S. 16th St.
Harrisburg, PA 17104
(717) 238-1819

Grantville Area Food Pantry

Thursdays (6 – 8 p.m.) & Fridays (10 a.m. – Noon).

117 N. Faith Road
Grantville, PA
(717) 469-2444

www.faithgrantville.webs.com

Greater Zion Missionary Baptist Church

The Food Pantry strives to reduce hunger in the community, promotes a healthy and balanced diet, and educates on proper handling of food. Distributes food boxes on the 3rd Monday of each month from 5:00 p.m. to 7:00 p.m. (dates may vary depending on holidays).

212 N. Progress Ave.
Harrisburg, PA
(717) 541-0388

www.greaterzionbaptist.org

Harrisburg Food Ministry

A non-profit faith based ministry that acquires and distributes food, clothing, supplies and spiritual support to the poor and needy of Harrisburg.

Distribution sites:

Bethel AME Church
1721 North 5th St.
Harrisburg, PA 17102
Wednesdays (10:45 a.m. – Noon)

First Church of the Brethren
219 Hummel St.
Harrisburg, PA 17104
Fridays (10:45 – Noon)

Office: 1201 Slate Hill Road, Camp Hill, PA 17011
(717)761-2933 ext. 321

www.harrisburgfoodministry.org

Halifax United Methodist

Mondays (9-11 a.m.); Tuesdays (4-6 p.m.); 1st, 3rd and 5th Saturdays (9-11 a.m.).

105 Wind Hill Road
Halifax, PA
(717) 896-8092

www.halifaxumc.com

Hearts for the Hungry

Offers food for the homeless on last two Saturdays of each month (4:30 – 6 p.m.).

Dauphin County Courthouse
101 Market St. (@ Front St.)
Harrisburg, PA
(717) 350-1770

International Service Center

Food Distribution: Monday, Wednesday, Friday (10 a.m. – 2 p.m.).

21 S. River St.
Harrisburg, PA
(717) 236-1523

www.isc76.org

HELP Ministries

Provides vouchers for various food pantries.

413 S. 19th St., P.O. Box 60750
Harrisburg, PA 17106
(717) 238-2851

www.ccuahbg.org

M28Food Pantry

The Food Pantry has been moved to Cornerstone Fellowship Assembly of God at 32 South Front Street, Wormleysburg, PA 17046. We are an emergency food pantry. If you or someone you know is in need of food, appointments can be made by calling Bill Wray at (717) 608-1400.

www.m28.us

Manna Food Pantry

Food distribution on Tuesdays & Thursdays (6 – 8 p.m.).

56 Banks St.
Penbrook, PA
(717) 525-8264

Middletown Interfaith Food Pantry

A nonprofit food pantry, sponsored by the Middletown Interfaith Council of Churches. The food pantry supplies emergency or supplemental food to qualifying households in the Middletown area (17057 zip code). Clients can visit the pantry once a month but must

show photo identification, proof of residency, names and birth dates of those in the household and information about income. The pantry is open from 10 a.m. to 12:30 p.m. Tuesdays and Fridays.

201 Wyoming St.
Royalton, PA
(717)944-5668

New Hope Ministries

Open Monday through Friday (9:00 a.m. – 4:00 p.m.)

5228 E. Trindle Rd
Mechanicsburg, PA 17050
(717) 766-7333
(717) 766-7575

www.nhm-pa.org

Northern Dauphin Food Pantry

1st, 3rd, and 5th Saturdays.

6570 Mifflin Avenue
Harrisburg, PA 17111
(717) 580-1048

PA Hunger Action Center

A non-profit organization dedicated to eliminating the causes of hunger through advocacy, education and food security programs. Supporters of this work include emergency food service providers, community action agencies, food merchants, religious organizations, labor unions, advocates and consumers. Hunger Action publishes a bimonthly newsletter, The Pennsylvania Hunger Advocate, an annual report on hunger issues and periodic legislative alerts.

208 N. 3rd St., Suite 200
Harrisburg, PA 17101
(717) 233-6705

www.pahunger.org

Perry County Food Bank

Serving eligible Perry County residents on Mondays and Wednesdays (9 a.m. – Noon; 1 p.m. – 3 p.m.) & Fridays (9 a.m. – Noon).

300A S. Carlisle St.
New Bloomfield, PA

(717) 582-9978

Project SHARE Food Bank (Cumberland County)

Project SHARE distributes food the week of the 3rd Thursday of each month. Each food box contains 55-65 nutritious food items, approximately one week's groceries for a family of four. Also has a baby room which provides diapers, formula, and baby food for infants. Eligibility is 150% of the poverty level and everyone must fill out a self-declaration of need to see if they meet this guideline. Everyone receives food the first time they come to Project SHARE, even if they don't qualify for distribution. Our volunteers can also connect you with other agencies that might be able to help. Please bring your ID.

5 North Orange St., Suite 4
Carlisle, PA 17013
(717) 249-7773

www.projectshare.net

FOSTER CARE

Bair Foundation

The Bair Foundation provides Christ-centered quality care and services dedicated to the treatment, restoration, and empowerment of children, youth and families. Therapeutic Foster Care involves placement of children and teens with families who have been specially trained to care for children with certain medical or behavioral needs.

441 Friendship Road, Suite 101
Harrisburg, PA 17111
(717) 985-6450
(800) 543-7059

www.bair.org

Bethany Christian

The goal of Bethany's Foster Care program is to provide temporary care for children with the ultimate aim of reuniting them with their biological family or while finding an adoptive

family for those whom reunification is not an option. Toward that goal, we seek stable families who can love and nurture to children who are going through a challenging time. Children range in age from infants to teenagers and typically remain in your care for at least a few months. The highest-priority need is for foster homes for sibling groups and children from minority groups.

2101 N. Front St.
Harrisburg, PA
(717)238-3549

www.bethany.org

Dauphin County Foster Care Recruitment

A program designed to provide a family life experience for a child at a time of crisis or need in their life. If Kinship Care is not possible, placement into a non-kin, traditional foster home occurs. Foster families make a commitment to nurture and provide parental care and supervision while working with Agency staff to assure a child's safety and well-being until permanency can be achieved for the child.

Harrisburg, PA
(717) 780-7200

www.dauphincounty.org/government/human-services

Keystone Children & Family Services

Children & Family Services is an integrated delivery system for services geared towards children and families. Provides a variety of therapies, services and supports to help children succeed with their family, at home, at school and in the community. Children and families who are facing the challenges of behavior disorder, mental illness, physical disability, autism or an intellectual disability, or those who have a low income can take advantage of these services.

Jo Pepper, Director
Capital Area Head Start
3700 Vartan Way
Harrisburg, PA 17110
(717) 541-9620

www.keystonehumanservices.org

Catholic Charities

Catholic Charities Adoption Services is a non-profit agency serving the Diocese of Harrisburg, which includes 15 counties in Central Pennsylvania. Assisting birthparents, adoptive families and children with adoptions that meet the needs of all three groups. Licensed by the Pennsylvania Department of Public Welfare and accredited by the Council on Accreditation of Services for Families and Children.

939 E. Park Dr., Suite 103
Harrisburg, PA 17111
(717) 564-7115

www.cchbg.org

GAMBLING

Gamblers Anonymous

GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. There are no dues or fees for Gamblers Anonymous membership; we are self-supporting through our own contributions. Gamblers Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any cause. Our primary purpose is to stop gambling and to help other compulsive gamblers do the same.

Local meetings:

Trinity Lutheran Church
200 Chestnut Street
Camp Hill, PA 17011

St. Catherine Labore Church
4000 Derry St.
Harrisburg, PA

1-(888) 442-7085

www.gamblersanonymous.org

National Council on Problem Gambling

The national advocate for programs and services to assist problem gamblers and their families. The mission of the NCPG is to increase public awareness of pathological gambling, ensure the widespread availability of treatment for problem gamblers and their families, and to encourage research and programs for prevention and education.

National Public Gambling Helpline Network
1-800-522-4700

www.ncpgambling.org

PA Problem Gambling Helpline:

1-877-565-2112

www.paproblemgambling.com

GED

Harrisburg Area Community College - GED Testing

Campuses at Harrisburg, Gettysburg, Lancaster, Lebanon, York, and Virtual Campuses. HACC provides testing and to register visit www.gedtestingservice.com.

The Pennsylvania Department of Education, GED Office:
333 Market Street, 12th Floor
Harrisburg, PA 17126

www.hacc.edu/NonCredit/AdultEd/GEDTesting

Pennsylvania (PA) GED Information and Requirements

The website provides testing information, rules, and requirements.

www.gedtestingservice.com

TriCounty OIC (Opportunities Industrialization Center)

Adult Learning Center

Provides academic, vocational, workforce, and family education classes at 20 sites in Cumberland, Dauphin, Perry, and York counties. Offers programs to help students achieve basic literacy skills, basic workplace foundation skills, or family literacy skills; can earn the GED® equivalency diploma or a Harrisburg High School diploma; and acquire vocational skills. Also provides support services, academic and vocational services to help students succeed in school and make the transition into continuing education and employment.

500 McClay St.
Harrisburg, PA 17110
(717) 238-7318

www.tricountyoc.org

HEALTH/MEDICATION

CHIPS (Children's Health Insurance Program)

The Children's Health Insurance Program - Pennsylvania's program to provide health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance. There are a lot of reasons kids might not have health insurance - maybe their parents lost a job, don't have health insurance at work or maybe it just costs too much. Whatever the reason, CHIP may be able to help. All families need to do is apply today. Parents may think their kids can't get CHIP because they make too much money. Not true! CHIP covers uninsured kids and teens up to age 19 who are not eligible for Medical Assistance.

1-(800)-986-KIDS

www.chipcoverspakids.com

Hamilton Health

The only Federally Qualified Health Center (FQHC) within a 30-mile radius of Harrisburg.

Medical, Dental, and WIC Offices:

110 S. 17th Street

Harrisburg, PA 17104

Phone Medical: (717) 232-9971 Phone WIC: (717)230-3979

Dental Phone #: (717) 230-3958

HELP Ministries

HELP provides emergency services to thousands of people each year. Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel and prescription assistance, furniture referrals and clothing referrals. These services are provided in collaboration with many resources, including churches, foundations, government and private dollars.

413 S. 19th St., P.O. Box 60750

Harrisburg, PA 17106

(717) 238-2851

FAX: (717) 238-1916

www.ccuahbg.org

LionCare (located next to Bethesda Mission)

A free clinic run and staffed by medical students from Penn State College of Medicine. Dedicated to providing free health services to the uninsured and underinsured population of the greater Harrisburg region and to also provide an engaging educational experience for our students. The patients we serve are individuals in transition who would otherwise not have access to healthcare. They include residents of the Bethesda Mission, the YWCA Women's Shelter, the Salvation Army Program, and the Community Corrections Center in addition to the homeless population of Harrisburg.

LionCare (located next to Bethesda Mission) (continued)

Located at 611 Reily St. in downtown Harrisburg next to the Bethesda Mission.

(717) 257-4440 (ext. 312)

www.lioncare.psu@gmail.com

Mission of Mercy

717-232-4280

Located at Harrisburg Brethren in Christ Church

2217 Derry Street

Harrisburg, PA

Open 1st and 3rd Thursday of each month

9 am to 4 pm

www.amissionofmercy.org

New Hope Ministries

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

www.nhm-pa.org

Sadler Health Center

Sadler Health Center Corporation is staffed with a team of qualified professionals including Family Physicians, Internist, Nurse Practitioners, Physician Assistants, Dentists, and Dental Hygienists. These professionals are committed to providing the highest quality care to the uninsured, underinsured, Medicare and Medicaid eligible. Provides Medical, Dental, Tobacco Cessation and Health Education, as well as Prescriptive Services and the Nurse Family Partnership program to eligible residents in our service area.

100 N. Hanover St.
Carlisle, PA 17013

Family Health Services:

(717) 218-6670
1-(866) 723-5377

Dental Services:

(717) 218-6670
1-(866) 723-5377

www.sadlerhealth.org

HEATING/UTILITY ASSISTANCE

HELP Ministries

HELP administers PPL's regional energy assistance program, Operation HELP, and provides direct services to those in Lower Dauphin County. HELP may provide one-time assistance to people needing fuel oil during the winter heating season. Clients must exhaust any and all other energy assistance programs before they receive assistance.

413 S. 19th St.
Harrisburg, PA 17106
(717) 238-2851
FAX: 717-238-1916

LIHEAP (Low Income Home Energy Assistance Program Hotline)
(866) 857-7095

New Hope Ministries

Provides emergency assistance with utilities.

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

HOMELESSNESS

Bethesda Mission

Men's Shelter:

Harrisburg's only shelter for men - provides lodging, nutritious meals, hot showers, laundry facilities, and clothing, as needed. In addition to emergency shelter and daily soup line (served at 4:30 p.m.), programming includes: New Beginnings - a 12 -16 week introductory course in recovery issues; Helmsman Program - restores lives affected by alcohol and drug addiction; and, Social Services - assists those with mental/emotional problems find placement and treatment; free health care; eye, dental, and prescription assistance; assists with applications for benefits - e.g., veteran's, disability, welfare,

unemployment, SSI, etc.; secures birth certificates, photo ID's; and, free tax filing assistance.

Women & Children's Shelter:

Harrisburg's largest facility of its kind, the Women and Children's Shelter provides lodging for single women as well as mothers and their children. Nutritious meals, hot showers, laundry facilities, and clothing are provided as needed and without charge.

611 Reilly St., Harrisburg, PA 17102
(717) 257-4440
www.bethesda mission.org

CACH (Capital Area Coalition on Homelessness)

Serving homeless men, women, and children throughout all of Dauphin County and the city of Harrisburg.

M.L.K. City Government Center
10 North 2nd St., Suite 405
P.O. Box 2157
Harrisburg, PA 17105-2157
(717) 255-6587

www.cachpa.org

HELP Ministries of Christian Churches United

Provides emergency shelter assistance and services for the homeless and needy.

413 S. 19th St.
Harrisburg, PA
(717) 238-2851

www.ccu hbg.org

National Coalition for Homeless Veterans

A 501(c)(3) nonprofit organization – the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.

Operates a toll-free homeless veteran's assistance phone line: (800) VET-HELP

333 ½ Pennsylvania Avenue SE
Washington, D.C. 20003
(877) 424-3838 (24/7 Crisis Hotline)

www.nchv.org

HOUSING/TRANSITIONAL LIVING

Amiracle4sure

To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they successfully transform their lives after incarceration.

Contact: Marsha R. Banks
1625 North Front Street
Harrisburg, PA 17111
(717) 592-1153
(717) 238-1523

www.amiracle4sure.org

ARC (Alternative Rehabilitation Communities) (Salvation Army)

Residential services for court adjudicated youth. The programs are highly structured; peer-oriented, and located in a community setting and provide Individual Service Plans for each student, individual and group counseling, individual and group education, recreation as well as group living skills. A.R.C. will offer services to youth ages 14 – 19 years, first time offenders as well as youth who are classified as serious and chronic offenders, repeat offenders, repeat offenders with multiple offenses, offenders with many prior institutional placements and placement as an alternative to security for their residential programs.

Youths ages 11-18 are considered for the shelter care services provided at Schaffner Youth Center.

2743 N. Front Street
Harrisburg, PA 17110
(717) 238-7101

www.arcfamily.com

Bethesda Women's Center (see Entry under Homelessness)

(717) 257-4447

Brethren Housing Association

The *Transitions* program (transitional housing) - provides stable housing and loving support for up to two years while the families in the Transitions program work toward moving from homelessness and instability to self-sufficiency and personal growth. Provides life skills coaching, mentoring, and friendship for single mothers, families, and children. Also, up to four month pre-paid-re-housing program with case management and life skills for singles and families coming from local shelters.

219 Hummel Street
Harrisburg, PA 17104
(717) 233-5489

Brethren Housing Association (continued)

www.bha-pa.org

Bridge of Hope

A three-way partnership: links 1) a family with 2) professionally trained Bridge of Hope social service staff, and 3) mentoring groups drawn from local congregations. Offers rental assistance moving from rental-transitional or rental-permanent housing. Eligible: single mother and her children.

P.O. Box 15212
Harrisburg, PA 17105
(717) 635-5957

Email: bridgeofhope.hbg@gmail.com

Community Action Commission (Tri County)

TCCA, part of America's Poverty Fighting Network, helping people throughout Cumberland, Dauphin, and Perry Counties. A private, nonprofit, social service agency connecting resources for individuals and families to move from poverty and crisis situations to self-sufficiency. Provides education, case management, budgeting classes, childcare, employment mentoring, family counseling. Provides referrals for emergency assistance to food banks, shelters, and utilities.

1514 Derry St.
Harrisburg, PA
(717) 232-9757

www.cacatricounty.org

Community Justice Project (Legal services)

A non-profit, public interest law firm that is part of Pennsylvania's Legal Aid Network. Its mission is to protect and expand the civil rights of poor families and low-wage workers. CJP challenges policies and practices that cause hardship to low-income people throughout the Commonwealth. CJP specializes in class action litigation and innovative advocacy in local communities, state government, and the legislature.

Harrisburg Office:
118 Locust St.
Harrisburg, PA 17101
(717) 236-9486
1- (800) 322-7572

www.communityjusticeproejct.org

Cumberland County Housing Authority

To create quality, affordable, housing and sustainable development opportunities which revitalize and strengthen our communities.

114 N. Hanover St. #103
Carlisle, PA 17103
Housing – (717) 249-1315 or 1-866-683-5907
Redevelopment – (717) 249-0789

www.cchra.com

Dauphin County Housing Authority

Provides eligible families with safe, decent, and affordable housing opportunities as they strive to achieve selfsufficiency and improve the quality of their lives. Furthermore, the Housing Authority will endeavor to provide accessible facilities to persons with disabilities.

501 Mohn Street, P.O. Box 7598
Steelton, PA 17113
(717) 939-9301

www.dauphinhousing.org

Delta Community, Inc.

Transitional housing at various sites with case assistance; administers Dauphin County Rental Assistance Program [DCRAP]. Eligible: Homeless single mother or father with children.

2041 N. 2nd St., No. 1, P.O. Box 5342
Harrisburg, PA 17110
(717) 232-2970

Fair Housing Council of the Capital Region

Works to eliminate discrimination in housing whether in the rental or sale of property. Negotiates special lending programs for low and moderate income persons with local lending institutions.

2100 N. 6th St.
Harrisburg, PA
(717) 238-9540

www.pafairhousing.org

Family Promise of Harrisburg Capital Region

A nonprofit agency to serve families who recently lost their homes. We are one of over 160 Family Promise affiliates in 39 states. Each affiliate operates a program called an Interfaith Hospitality Network (IHN). This includes: host congregations, a Day Center, and transportation. Eligible: family and/or pregnant.

525 Hummel Avenue
Lemoyne, PA 17043
(717) 737-1100

Email: fphcrdirector@gmail.com

Habitat for Humanity of the Greater Harrisburg Area

A local affiliate of Habitat for Humanity International - an ecumenical housing ministry with the goal of eliminating poverty housing. Habitat challenges and invites individuals, religious organizations of all faiths, companies, foundations, and other organizations to improve the living conditions of people existing in inadequate housing.

900 S. Arlington Ave., Suite 131A
Harrisburg, PA 17109

(717) 545-7299

www.harrisburghabitat.org

Harrisburg Center for Peace and Justice

Helps with evictions, appeals from district justice decisions, and general landlord-tenant advice.

315 Peffer Street
Harrisburg, PA
(717) 233-3072

Harrisburg Housing Authority

Provides improved living conditions for very low and low income families while maintaining their rent payments at an affordable level; operates a socially and fiscally sound public housing agency that provides drug-free, decent, safe and sanitary housing with a suitable living environment for residents and their families.

(717) 232-6781

www.harrisburghousing.org

HELP Ministries of Christian Churches United

Rental Assistance Program (RAP)—HELP may assist households with delinquent rent payments or help people who need security deposits. This program serves residents of Dauphin County and follows specific guidelines.

413 S. 19th St.
Harrisburg, PA
(717) 238-2851

www.ccuahbg.org

Lourdes House

Catholic Charities serve a 15-county region with programs ranging from maternity homes, adoption services, foster care and counseling to the only homeless shelter in Central Pennsylvania that keeps families intact – including transitional housing for expectant mothers.

Secretariat for Catholic Charities
4800 Union Deposit Road
Harrisburg, PA 17111-3710

Phone: (717) 657-4804
Fax: (717) 657-8683

www.cchbg.org

Paxton Street Home

A Christian, 501(c)(3) nonprofit organization providing affordable housing and support services to men and women with social, mental or emotional needs.

2001 Paxton Street
Harrisburg, PA 17111
(717) 236-5508

www.paxtonmin.org

Promise Place

A transitional living facility which provides a safe environment for women released to the community from prison. Provides programming including transportation, clothing, life skills, counseling, and voluntary spiritual development. The minimum stay is six months and the maximum stay is one year. Within a year, residents must maintain employment, secure housing, and demonstrate stability.

381 S. 2nd St.
Steelton, PA 17113
(717) 238-9950

www.nicic.gov

The RASE project (for women) - Harrisburg

The RASE House is a Transitional housing program, empowering women who are not yet ready to live on their own, but who are motivated in recovery and can thrive in an environment providing limited structure. Appropriate referrals to RASE House are diverse and include women in the criminal justice system, those completing treatment programs work release centers, halfway houses, or other similar institutional settings, or women whose homes are not conducive to recovery.

100 North Cameron Street
Suite 401-E
Harrisburg, PA 17101
Phone: (717) 232-8535
Fax: (717) 232-8515

Email: denise@raseproject.org

The RASE project (for women) - Carlisle

The Carlisle RASE House is the second Women's recovery house offered by the RASE Project and is an independent living situation for women new to the recovery process.

8 South Hanover Street, Suite 204
Carlisle, PA 17013
Fax: (717) 386-5143
(717) 249-6499

Shalom House & Veteran Transitional Housing (for women)

Provides a temporary 21-bed shelter for women and children who have nowhere else to go. As an emergency shelter, Shalom House provides for their basic needs: a bed, food, clothing, health and hygiene supplies, and a temporary address and telephone number.

9 S. 15th Street
Harrisburg, PA
(717) 232-3482

Veterans:

2138 & 2140 7th Street
Harrisburg, PA 17110

www.shalomhouse.net

Transitional Housing (Harrisburg)

Transitional housing provides supportive housing along with drug and alcohol treatment for selective locations. Search through our list of supportive housing to find the transitional resources in Harrisburg. We have listed many of the Sober Housing locations in Harrisburg.

Danita Baker
(717) 805-9045

Transitional Housing (Harrisburg) (continued)

Morgan Johnston Way
(717) 512-1729

John Monte, Cifelli House
(717) 991-261

Jim Doyle, Freedom House
(717) 343-1102

Steve Barndt
(717) 880-8068

www.transitionalhousing.org/ci/pa-harrisburg

Trinity House (Bethesda Mission)

Transitional housing for Bethesda Men's Mission Recovery Program grads.

1100 Goodwill Drive
Harrisburg, PA 17101
(717) 920-9547

United Methodist Home for Children

Provides emergency shelter and residential treatment for children on 56-acre campus in Cumberland County. Children are referred to the home primarily by county children and youth agencies and family courts.

5120 Simpson Ferry Road
Mechanicsburg, PA
(717) 766-7652

www.umhcservices.com

YWCA Bridge Housing

Transitional housing (up to 24 months) with case management, life skills and employment supportive services; homeless [as defined by PA Dept. of Public Welfare] women and women with children (boys only to age 14).

1101 Market Street
Harrisburg, PA 17104
(717) 234-7931

YWCA (Per Diem) Veterans Housing

Up to 24-months of transitional housing with case management, life skills and employment supportive services; homeless veteran males; based on available YMCA dormitory rooms in downtown Harrisburg.

1101 Market St.
Harrisburg, PA 17104
(717) 234-7931

HUMAN TRAFFICKING

The Campaign to Rescue and Restore Victims of Human Trafficking

Initiated by the U.S. Dept. of Health and Human Services, the agency responsible for helping victims of human trafficking become eligible to receive benefits and services so they may rebuild their lives safely. A critical component of the Rescue & Restore campaign is the creation of the National Human Trafficking Resource Center, 1.888.3737.888, which is operated by a nongovernmental organization and connects victims of trafficking to organizations who can help them in their local area. The resource center also helps

intermediaries determine whether they have encountered a victim of human trafficking, and provides training and technical assistance to the trafficking field.

1 – (888)-3737-888

www.acf.hhs.gov/programs/orr/resource/about-rescue-restore

National Criminal Justice Reference Service (NCJRS) Trafficking in Persons

A website containing the *Trafficking in Persons Report 2014* which defines severe forms of trafficking as "(a) sex trafficking in which a commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age; or (b) the recruitment, harboring, transportation, provision, or obtaining of a person for labor or services through the use of force, fraud, or coercion for the purpose of subjection to involuntary servitude, peonage, debt bondage, or slavery."

www.ncjrs.gov/spotlight/trafficking/summary.html

National Human Trafficking Resource Center (NHTRC) (Hotline)

1-(888)-373-7888 or text BeFree (233733)

NOVA (Network of Victim Assistance)

(NOVA) supports, counsels and empowers victims of sexual assault and other serious crimes in Bucks County and works to prevent and eliminate violence in society. Provides free one-on-one short-term counseling to help victims, their families and significant others. NOVA is an advocate for victims' rights. Offers personal safety educational programs to children and youth, adults, older adults and individuals with disabilities in schools, community centers, and professional settings in Bucks County, Pennsylvania.

1-(800)-675-6900

www.novabucks.org

Office for Victims of Crime (Help for Victims of Trafficking in Persons)

www.ovc.ncjrs.gov/Topic.asp?topicid-37

PCAR (PA Coalition Against Rape)

PCAR and the Pennsylvania Coalition Against Domestic Violence (PCADV) launched a joint initiative called PA Says NO MORE, to take a stand against sexual assault and domestic violence in the state on Sept. 4, 2013. The PA Says NO MORE campaign includes a website, videos and advertising involving survivors and advocates.

(888) 772-7227 (Hotline)

(717) 728-9740

(800) 692-7445

www.pcar.org

Polaris Project: For A World Without Slavery

A website containing information and resources about trafficking.

National Human Trafficking Hotline = 1-(888)-373-7888

www.polarisproject.org/state-map/pennsylvania

Restoration and Awareness (Oasis of Hope Ministries)

Oasis of Hope Ministries' mission is to provide public awareness & education of the sex trafficking of America's children and to restore survivor's lives through Jesus Christ in faith-based safe homes.

P.O. Box 406
Troy, PA 16947
(570) 673-4544

<http://oasisofhopeusa.org/>

She's Somebody's Daughter

Educates people about the facts regarding pornography and exploitation, their role in driving the demand for sex trafficking, and sexual abuse.

1152 Mae Street, #233
Hummelstown, PA 17036

www.shesomebodysdaughter.org

The Project to End Human Trafficking

A website of information and educational resources.

www.endhumantrafficking.org/

Women's Way

Advocacy website for women's issues.

www.womensway.org/

IMMIGRATION

Catholic Charities - Immigration and Refugee Services

Catholic Charities works with state and federal governments to resettle many refugees, helping them adjust to new lives. We teach individuals with limited English to become economically and socially self-sufficient in their new homeland.

939 E. Park Dr., Suite 102
Harrisburg, PA 17111
(717) 232-0568

www.cchbg.org

Church World Service Immigration & Refugee Program

Church World Service of Lancaster serves the refugee and immigrant communities of Central Pennsylvania. Works hand-in-hand with churches, organizations and individuals to provide help and homes to refugees, and work to build a hospitable community in the United States for uprooted people so that they can fashion a better future.

308 E. King St. Box 1656
Lancaster, PA
(717) 381-2890

www.cwslancaster.org

Community Justice Project (Legal services for poor)

A non-profit, public interest law firm that is part of Pennsylvania's Legal Aid Network. Its mission is to protect and expand the civil rights of poor families and low-wage workers.

118 Locust St.
Harrisburg, PA
(717) 235-9486
(800) 322-7572

www.communityjusticeproejct.org

International Service Center

To promote, support and implement educational, cultural, social, and economic programs to serve the disadvantaged and underprivileged people, to enable them to become self-supporting and productive members of our pluralistic society, and to foster the spirit of mutual understanding and mutual assistance among people of different cultural and language backgrounds.

21 S. River St.
Harrisburg, PA
(717) 236-9406

International Service Center (continued)

www.isc76.org

Pennsylvania Immigrant & Refugee Women's Network

Created to honor and enhance the lives of refugee and immigrant women in PA. Mission is to help refer, advocate, network, and empower these women to live to their fullest potential.

P.O. Box 238
Enola, PA
(717) 766-5787

www.pairwn.org

LEGAL SERVICES

Community Justice Project (Legal service for poor and low wage earners)

A non-profit, public interest law firm that is part of Pennsylvania's Legal Aid Network. Its mission is to protect and expand the civil rights of poor families and low-wage workers.

118 Locust St.
Harrisburg, PA
(717) 235-9486
(800) 322-7572

www.communityjusticeproejct.org

MidPenn Legal Services

In addition to providing traditional legal services through staff in local offices, MidPenn operates several initiatives on a program-wide or regional basis.

Employment Law Project: Assists clients in overcoming barriers to employment, obtaining unemployment compensation, preserving their existing jobs, securing income streams related to employment (pensions / disability), and clearing up criminal records through expungements and pardons so that they can gain employment.

Consumer Law Project: Defends low-income consumers including those who face problems such as mortgage foreclosure; illegal debit collection harassment and lawsuits; and those in need of bankruptcy protection.

Telephone Advice Project (TAP): Provides telephone advice and brief service to low-income individuals in twelve rural counties within MidPenn.

Pro Bono / Volunteer Attorney Programs: Assistance from the private bar through many local bar associations enables MidPenn to stretch its limited resources.

Dauphin and Perry Counties

213-A N. Front St.
Harrisburg, PA 17101-2240
Callers to 1-800-326-9177 are screened for eligibility.
(717) 232-0531
(800) 932-0356 (toll free)

Cumberland County

401 E. Louther St. Suite 103
Carlisle, PA
717-243-9400
800-932-0356

PA Bar Association

(800) 692-7375
(717) 238-6807

www.pabar.org

YWCA Domestic Violence Legal Center

Handles a wide variety of cases including protection from abuse, custody, child support, and spousal support.

112 Market St., 4th Floor

Harrisburg, PA 17101

(717) 724-0516

Fax (717) 724-0534

nwalters@ywcahbg.org

LGBT SUPPORT

Metropolitan Community Church of the Spirit

Metropolitan Community Church mission in the world is Tearing Down Walls, and Building Up Hope, as they respond to issues of injustice in our world.

2973 Jefferson Street
Harrisburg, PA 17110
(717) 236-7387

Email: info@mccofthespirit.org

PFLAG

PFLAG is the nation's largest family and ally organization. Made up of parents, families, friends, and allies united with people who are lesbian, gay, bisexual, and transgender (LGBT), PFLAG is committed to advancing equality and full societal affirmation of LGBT people through its threefold mission of support, education, and advocacy.

PFLAG National Office
1828 L Street, NW
Suite 660
Washington, D.C. 20036
Phone: (202) 467-8180
Fax: (202) 467-8194
www.pflag.org

LIFE COACHING/MENTORING

CRESC (Capital Region Ex-Offender Support Coalition)

To reduce recidivism by educating and strengthening the community through coordination of services that the ex-offender needs for successful reentry.

100 N. Cameron St
Harrisburg, PA
(717) 238-7318

www.reentrynow.org

M28Ministry

Provides life coaching for men and women in transition.

Mechanicsburg, PA 17055
(717) 610-4645

E-mail: info@m28.us

MEDICAL ASSISTANCE/SERVICES

Center for Disease Control and Prevention

(800) 232-4636

(888) 232-6348

www.cdc.gov

CHIPS (Children's Health Insurance Program)

Most kids receive CHIP for free. Others can get the same benefits at a low cost. If your income is below the lowest amount listed (on website), your child or teen may be enrolled in Medical Assistance. Based on your family size and income, your child or teen may be eligible if he or she meets the following requirements: Under 19 years of age, a U.S. citizen, U.S. national or qualified alien, a resident of Pennsylvania, and uninsured and not eligible for Medical Assistance.

800-986-KIDS

www.chipcoverspakids.com

Community Check-Up Center

Provides comprehensive healthcare to women and children in Southern Harrisburg as well as the Tri-county area. No one is ever denied services because of insurance status or inability to pay. Bilingual (Spanish) staff always available.

Pediatrics: Monday thru Friday (8:30 a.m.-4:30 p.m.)

Women: Tuesday and Friday (9 a.m.- 4:30 p.m.)

38C Hall Manor

Harrisburg, PA 17104

(717) 233-1700

www.communitycheckupcenter.org

County Assistance Offices (Cumberland and Dauphin)

The department's Office of Medical Assistance Programs is responsible for purchasing health care for more than 2.3 million Pennsylvania residents and enrolling Medical Assistance providers who administer the care. The Office of Medical Assistance programs works closely with these providers to process their claims, establish rates and fees, and contract and monitor managed care organizations.

Cumberland County:

33 Westminster Drive

Carlisle, PA 18013-0599

Toll Free: 1-(800)-269-0173

Phone: (717) 240-2700

FAX: (717) 240-2781

County Assistance Offices (Cumberland and Dauphin) (continued)

Dauphin County:

2432 N. 7th Street, P.O. Box 5959

Harrisburg, PA 17110-0959

Toll Free: 1-(800)-788-5616

Phone: (717) 787-2324

LIHEAP: (717) 265-8919

FAX: (717) 772-4703

Department of Public Welfare Helpline

Medical Assistance: (800) 692-7462

Access HealthCare Hotline: (800) 537-8862

Family First

Family First Health is a federally qualified health center (FQHC) that is accessible and community-minded. Fees range depending on the types of visit and tests that are performed. To apply for Reduced Fee Program, print and complete a reduced fee application form.

www.myfamilyfirsthealth.org

York County

116 S. George St.

York, PA

(717) 845-8617

Hannah Penn Center

415 E. Boundary Ave.

York, PA

(717) 843-5174

308 Market St.

Lewisberry, PA

(717) 938-6695

Hamilton Health Center

Hamilton Health Center is a Federally Qualified Health Center (FQHC), a non-profit community based health organization. An FQHC provides comprehensive primary care, dental and mental health services to persons in all stages of the life cycle. The center also assists patients to access specialty and hospital care services not available at the center.

110 S. 17th St., Harrisburg, PA

Medical: (717) 230-3909

Dental: (717) 230-3958

WIC Services: (717) 230-3979 or (717) 230-3950

www.hamiltonhealthcenter.com

PA Department of Health

(877) 724-3258

Hospice of Central PA

Hospice is a special kind of care that is designed to offer comfort and support to individuals who are facing any type of incurable illness. Our goal is to help someone approaching the end of life to live as fully and comfortably as possible.

1320 Linglestown Road

Harrisburg, PA 17110

(717) 732-1000

(866) 779-7374

145 Hanover Street

Carlisle, PA 17013

(717) 241-0014

www.hospiceofcentralpa.com

Mission of Mercy

Mission of Mercy provides free healthcare, free dental care and free prescription medications to the uninsured, underinsured and those who “fall through the cracks” of our healthcare system. Provides healthcare without any pre-qualifications. Patients do not need to prove their poverty or residency.

Christ Lutheran Church

124 S. 13th St. Harrisburg, PA

(717) 972-4993

Clinics held twice a month on Fridays in Harrisburg.

www.amissionofmercy.org/marylandandpennsylvania

Morning Star Pregnancy Services

717-901-2799

3837 Walnut Street

Harrisburg, PA 17109

STD Testing and Treatment

Morning Star Pregnancy Services

717-901-5433

503 Bridge Street

New Cumberland, PA 17070

STD Testing and Treatment

Morning Star Pregnancy Services

717-944-3888
35 S. Union Street
Middletown, PA 17057
STD Testing and Treatment

Prescription Assistance

Resident of Pennsylvania have access to a statewide Prescription Assistance Program (PAP). This card will provide you with Rx medication savings of up to 75% at more than 56,000 pharmacies across the country.

www.padrugcard.com

Sadler Health Center

The Sadler Health Center provides primary health and dental services to the residents of Cumberland County, western Perry County, parts of Adams County, and Franklin County, without regard to our patients' ability to pay (fees based on a sliding-scale fee schedule may apply).

Sadler Health Center (continued)Carlisle

100 N. Hanover St.
Carlisle, PA 17013
(717) 218-6670

Perry County

1100 Montour Road
Loysville, PA
(717) 219-6670

www.sadlerhealth.org

US Dept. Health and Human Services Administration

Assists people in finding a nearby federally funded health center providing medical and dental care on a sliding pay scale.

findahealthcenter.hrsa.org

Visiting Nurse Association of central PA

VNA Health System with Pennsylvania offices in Harrisburg, Lewisburg, Lewistown, Lock Haven, Shamokin and State College provide a comprehensive range of health care services

that encompass Hospice care, skilled nursing home care, private duty caregiver support and adult day care.

3315 Derry St.
Harrisburg, PA 17111
(717) 233-1035
(800) 995-8207

www.vnacentralpa.org

MENTAL HEALTH SERVICES

The Advocacy Alliance

The Advocacy Alliance facilitates the South Central PA Health Care Quality Unit (HCQU), the responsible entity to the County Mental Health/Developmental Disabilities Programs. The South Central PA HCQU works to support and improve the developmental disability community service systems by building capacity and competency to meet the physical and behavioral health care needs of persons who have developmental disabilities.

1512 East Caracas Avenue
Hershey, PA 17033
Toll Free: 1-(877)-315-6855
Phone: (717) 835-2270
Fax: (717) 835-2299

www.theadvocacyalliance.org

Bell Socialization Services Family Shelter/Bridge Housing

Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.

160 S. George St.

York, PA
(717) 848-5767

www.bellsocialization.com

Catholic Charities

Family Based Mental Health Services (FBMHS) designed to prevent hospitalization or out-of-home placement of children and adolescents with severe mental illness or emotional problems. Families are referred by county agencies, managed care organizations, schools, physicians, psychiatrists, juvenile probation, residential care facilities and hospitals.

Eligible: Children and adolescents (ages 3-18) with a mental health diagnosis who are at risk for being placed outside the home because of mental health or behavioral problems.

4800 Union Deposit Road
Harrisburg, PA 17111
Phone: (717) 657-4804
Fax: (717) 657-8683
(717) 564-9450

www.cchbg.org

Contact Helpline

(800) 932-4616
(717) 652-4400
(717) 249-6226 (Carlisle)

Crisis Intervention

Crisis Intervention is the 24-hour emergency mental health service provided by the Dauphin County Mental Health/Intellectual Disabilities Program. Crisis Intervention staff provide supportive counseling, outreach, assessment, and referral information to individuals experiencing an emotional crisis or difficulty in coping with a personal problem.

100 Chestnut St
Harrisburg, PA
(717) 232-7511
(888) 596-4447

The Dauphin Clubhouse

Offers clubhouse-style psychosocial rehabilitation services to those with a history of mental illness.

Hours: (8:00 a.m.-4:00 p.m. M-F); two evening activities a month (usually Tuesday & Thursday (4:00-7:00 p.m.); one Saturday activity a month and it varies.

2617 Herr Street
Harrisburg, PA 17103
(717) 221-9610

www.paclubhouse.org

Depression and Bipolar Support Alliance

The Depression and Bipolar Support Alliance (DBSA) is the leading peer-directed national organization focusing on the two most prevalent mental health conditions, depression and bipolar disorder. Provides peer-led support groups, educational materials, and wellness tools.

DBSA Harrisburg

Contact 1: Susan

Phone: (717) 557-4477

Contact 2: Gary

Additional Phone: (717) 343-7726

West Shore

Trinity Lutheran Church

2000 Chestnut St.

Camp Hill, PA 17011

Meetings: 1st and 3rd Tuesdays (7-9 p.m.)

East Shore

PA Psychiatric Institute

2501 N. Third St.

Harrisburg, PA

Meetings: 2nd and 4th Tuesday (7-9 p.m.)

Depression and Bipolar Support Alliance (continued)

Email: dbsaharrisburg@yahoo.com

Website: www.dbsaharrisburg.weebly.com

Holy Spirit Hospital

Crisis Intervention

(717) 763-2222

(800) 350-4357

Keystone Human Services

Adult Mental Health Services is committed to supporting and empowering individuals on their personal journey of recovery. Among the provided services are supportive living, case management, community, domiciliary care, peer support, specialized community residence, structured residential services, and vocational services through Gateway Employment Group.

3609 Derry St., 2nd floor

Paxtang, PA

(717) 558-8450

www.keystonehumanservices.org

Mental Health Association of the Capital Region

A resource for mental health that educates and advocates for individuals, families, and the community in Cumberland, Dauphin, and Perry Counties.

200 N. Third St., 10th Floor
Harrisburg, PA 17101
(717) 236-3300
Email: info@MHACR.org

www.mentalhealthassociationcr.org

Mental Health Treatment

www.findatreatment.samhas.gov

National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.

2149 N. 2nd St.
Harrisburg, PA
(717) 238-1514
(800) 223-0500

www.namipa.org

National Depression and Bipolar Support Alliance

(800) 826-3652

www.dbsalliance.org

Peace of Mind Project

The Peace of Mind Project is dedicated to raising awareness for those with mental health illness and helping them live healthier lives. We strive to bring an end to the stigma and discrimination of mental illness through education and legislative process.

P.O. Box 303
Solon Springs, WI 54873
1-(866)-30-PEACE,

www.peaceofmindproject.com

Philhaven (Mental and Behavioral Health Care Provider)

283 S. Butler Rd
PO Box 550
Mt. Gretna, PA 17064
(717) 273-8871 or (800) 932-0359

www.philhaven.org

Susquehanna Safe Harbor

Safe Haven provides housing for single men who have had two or more bouts of homelessness and who have a diagnosed mental illness.

1805 North 12th Street
Harrisburg, PA 17103
(717) 232-5029

PREGNANCY SERVICES

**Capital Area Pregnancy Center
Life Choices Clinic**

A pregnancy center that supports a safe place for women and families facing the challenges of unplanned pregnancy.

2515 Gettysburg Road
Camp Hill, PA 17011
(717) 761-4411
info@capchelp.org

Carlisle Area Family Life Center

Mission is to support, educate and give practical assistance, in a loving way, to women and families in need by providing positive alternatives to abortion and by enabling them to make informed decisions regarding their lives and the lives of their unborn children.

155 N. Hanover St.
Carlisle, PA 17013
(717) 243-1918

www.carlislefamilylife.org

Heart of Mary Pregnancy Support Services

A pregnancy center that provides education, emotional support and material assistance to women (and children under 12) facing an unplanned or unexpected pregnancy.

26 East College Avenue
York, PA 17401
(717) 843-7986 x 229

www.hbgdiocese.org/yorkprc

Lourdes Maternity House

The Lourdes House Maternity Home offers shelter and services to pregnant women along with counseling, adoption placement, parenting education, pre/post-natal care, education, work experience and aftercare planning.

120 Willow Rd., Suite A
Harrisburg, PA 17109
(717) 412-4865

www.jlc.org/resources/county-resource-guide/dauphin/lourdes

Morningstar Pregnancy Services

Pregnancy centers for unexpected and unplanned pregnancies. Includes free pregnancy testing, counseling, STD testing and treatment, and ultrasounds.

Three locations:

3837 Walnut St.
Harrisburg, PA
(717) 901-2799

503 Bridge St.
New Cumberland, PA
(717) 901-5433

Morningstar Pregnancy Services (continued)

35 S. Union St.
Middletown, PA
(717) 944-3888

www.morningstarchoices.com

PRISON (Ex-offender and Re-entry Services)

Amiracle4Sure

Works to improve the quality of lives for women and children affected by negative life experiences such as incarceration.

1735 State St., P.O. Box 4663
Harrisburg, PA 17111
(717) 704-0282

www.amiracle4sure.org

CRESC (Capital Region Ex-Offender Support Coalition)

To reduce recidivism by educating and strengthening the community through co-ordination of services that the ex-offender needs for successful reentry.

100 N. Cameron St
Harrisburg, PA
(717) 238-7318

www.reentrynow.org

Justice and Mercy

Justice & Mercy is a registered nonprofit 501(c)3, volunteer organization dedicated to decreasing the effects of crime in our communities, increasing public safety, and ministering to and restoring both crime victims and offenders. These goals are achieved by educating and informing the public at large, advocating cost-effective and practical reforms within the criminal justice system, and by supporting and encouraging wise public policy.

PO Box 5422
Lancaster, PA 17606
(717) 560-6980

www.justicemercy.org

The Program "It's About Change" For Female Offenders

Supports individuals involved with the criminal justice system, primarily women and children - to prevent recidivism and promote productive crime-free lives. Services provided for incarcerated women at Cumberland County and Dauphin County prisons. In an effort to stop intergenerational crime, Saturday Sessions, a children's program is designed to impact the lives of children of offenders.

1515 Derry St., Harrisburg, PA 17104
(717) 238-9950

www.theprograminc.org

SonPower Ministries

SonPower Ministries averages two dozen or more state penitentiary concert/services per year. Conducts weekly class sessions at Cumberland County (PA) Prison where inmates are mentored, with emphasis on developing Christ-like character.

Pete Einstein
P.O. Box 952
Carlisle, PA 17013
Phone: (717) 249-6003

Email: einstein@sonpower.com

RAPE

(Also see Abuse)

Domestic Violence Hotlines

Cumberland: (800) 852-2102

Dauphin: (800) 654-1211

Perry: (800) 852-2102

York: (800) 262-8444

PCAR (PA Coalition Against Rape)

Help for victims of sexual abuse, including information, referrals and resources.

(888) 772-7227
(717) 728-9740
(800) 692-7445

www.pcar.org

YWCA of Greater Harrisburg Rape Crisis and Domestic Violence Services Hotline:

(800) 654-1211
www.ywcahbg.org

RECOVERY SERVICES/EDUCATION

(See also Alcohol and Drug Problems)

Alcoholics Anonymous

Meetings, sobriety news, links, etc.

19th St. Fellowship House
Harrisburg, PA
(717) 234-5390 = Hotline

www.aaharrisburg.org

Al-Anon

Friends and family members of problem drinkers share their experiences and learn how to apply the principles of the AlAnon program to their individual situations. Site provides meeting locations.

www.pa-al-anon.org

Narcotics Anonymous

202 North St.
Harrisburg, PA 17101
(717) 233-3733

www.casna.info

The RASE Project (Recovery Advocacy Support Encouragement)

Serves Central Pennsylvania by providing advocacy services for individuals in or seeking recovery from the disease of addiction; safe and secure therapeutic recovery housing for women in early recovery; peer to peer recovery services like Buprenorphine Care Coordination, Recovery Specialist services, Life Skills classes, Recovery 101 groups, Recovery Planning and Vocational Assistance; positive social events; and public policy forums

100 N. Cameron St. Suite 401-E
Harrisburg, PA 17101
(717) 232-8535
FAX: (717) 232-8515

Email: denise@raseproject.org

RENTAL ASSISTANCE**Cumberland County Housing and Redevelopment Authority**

Shelter Plus Care Program provides rental assistance to homeless individuals and families with a mental health, chronic substance abuse or HIV/AIDS disability (the head of household must have a disability). It operates in Cumberland and Perry Counties, and participants rent from private property-owners.

114 N. Hanover St. #103
Carlisle, PA 17103
(717) 249-1315
Toll Free: 1-(866)-683-5907

FAX: (717) 249-5988

www.cchra.Ccom/program/individual/homeless-and-special-needs-housing

Dauphin County Housing Authority

The Public Housing Program provides subsidized housing to qualified low income families, senior citizens and persons with disabilities. Public Housing is intended for low income persons and families who would find it difficult or impossible to afford rental housing at market rates.

501 Mohn Street
P.O. Box 7598
Steelton, PA 17113
(717) 939-9301

www.dauphinhousing.org/content/public-housing

Dauphin County Rental Assistance Program

Emergency assistance for bills and rent - **HELP Ministries** is an organization that is made up of about 150 local churches. Emergency services provided by HELP, and its member churches include food referrals, rent assistance, emergency shelter, home heating fuel, PPL assistance, furniture referrals, mortgage payments, and clothing referrals, travel and prescription assistance. Other services offered include free fuel and help for heating bills.

413 S. 19th St.
Harrisburg, PA 17106
(717) 238-2851
FAX: (717) 238-1916

www.needhelppayingbills.com/html/dauphin_county_assistance_prog

New Hope Ministries

New Hope provides support for low-income families in the Dillsburg, Dover, Hanover, Mechanicsburg and the West Shore Communities of Pennsylvania.

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

www.nhm-pa.org

SENIOR CITIZENS

AARP

A non-profit, non-partisan membership organization for people age 50 and over. AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service.

www.aarp.org

Area Departments of Aging (Cumberland, Dauphin, Perry, York Counties)

The core focus of our office is to support older adults, adults with disabilities and others who are at risk of losing their independence to remain in the community as long as possible. For those who can no longer remain safely, we assist in the transition to the facility-based care they need.

Cumberland:

1100 Claremont Road
Carlisle, PA 17015-8560
Ph: (717) 240-6110
Ph: (888) 697-0371 x6110
Fx: (717) 240-6118

Dauphin:

Dauphin County Administration Building
2 South Second Street, Third Floor
Harrisburg, Pa 17101
Phone: (717) 780-6130
Toll-free: (800) 328-0058 x6130

Perry:

Rhinesmith Building
2 West Main Street
PO Box 725
New Bloomfield PA 17068
Tel: (717) 582-5128
Toll Free: (866) 926-5118
Fax: (717) 582-5160

York:

100 West Market Street
York, PA 17401
(717) 771-9610 or (800) 632-9073
Fax: (717) 771-9044

Elder Care

Assists people in finding access to home and community-based services such as transportation, meals, home care and caregiver support.

(800) 677-1116

www.eldercare.gov

LIFE Lutheran Services

LIFE (Living Independence for the Elderly) is a program encouraging healthy living at home. Helps seniors reside safely in their own communities by assisting with medical care and support.

Cumberland County:

1920 Good Hope Road
Enola, PA 17025
(800) 840-9081

www.lifelutherservices.org

Medicare

Centers for Medicare and Medicaid Services (www.cms.gov) provides information for the Medicare and Medicaid consumer.

www.medicare.gov

Meals on Wheels of Dauphin County

(717) 697-5947

PACE and PACENET

PACE, PACENET, and PACE plus Medicare are Pennsylvania's prescription assistance programs for older adults, offering low-cost prescription medication to qualified residents, age 65 and older. To be eligible for PACE and PACENET: you must be 65 years of age or older, a Pennsylvania resident for at least 90 days prior to the date of application, you cannot be enrolled in the Department of Public Welfare's Medicaid prescription benefit. PACE – for a single person, total income must be \$14,500 or less; for a married couple, combined total income must be \$17,700 or less.

(800) 225-7223

www.aging.state.pa.us/portal/server.pt/community/pace

PA Dental Association Senior Dental Care

The Access to Care Program offers reduced cost dental care to eligible senior citizens by dentists who are members of the Pennsylvania Dental Association. In order to be eligible, a patient must: be age 65 or older, not be receiving federal, state or other dental health assistance, not have private dental insurance, have a total annual household income of less than \$13,000 for a single person or less than \$16,200 for a married couple.

(717) 234-5941

www.padental.org

SHELTERS

Bethesda Mission (Men's and Women's) - (see entry in Homelessness and Housing)

611 Reilly St.
Harrisburg, PA
(717) 257-4440

www.bethesdamission.org

Carlisle Cares

Provides night-time emergency shelter for adults at local churches on a rotating basis for adults and short term hotel/motel program for families with children.

50 W. Penn St.
Carlisle, PA
(717) 249-1009

www.carlislecares.bbnw.org

HELP Ministries of Christian Churches United - (see entry in Homelessness and Housing)

413 S. 19th St.
Harrisburg, PA
(717) 238-2851

New Hope Ministries - (see entry in Homelessness and Housing)

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

Susquehanna Safe Harbor

Developed by the Harrisburg Redevelopment Authority and operated by Christian Churches United, the Susquehanna Harbor Safe Haven is not a shelter, but a new facility to house up to 65 homeless individuals. It has two distinct areas: (1) 25 Permanent Housing Units and (2) separate space for 40 overnight beds. Can accommodate up to 25 chronic homeless, mentally ill men with 24-hour staff and services

1805 N. 12th st.
Harrisburg, PA
(717) 232-5029

www.redevelophbg.org/projects/safe_haven

SOUP KITCHENS

(See also Food Assistance.)

Bethesda Mission - (see entry in Homelessness and Housing)

Provides evening and weekend meals.

611 Reilly St.

Harrisburg, PA
(717) 257-4440

www.bethesdamission.org

Cathedral of St. Patrick

Offers weekend meals: Breakfast on Saturday (7:15-8:15 a.m.); Dinner on Sunday (5 – 6 p.m.).

212 State Street
Harrisburg, PA
(717) 232-2169

Downtown Daily Bread

Offers lunch in downtown Harrisburg (7 days/week from 12:30-1:30 p.m.)

310 N. Third St.
Harrisburg, PA
(717) 238-4717

www.downtowndailybread.org

Grace United Methodist Church

Offers breakfast on Sunday mornings (8 a.m.).

216 State St.
Harrisburg, PA
(717) 238-6739

Hearts for the Hungry

Offers food for the homeless on the last two Saturdays of the month 4:30 – 6 p.m.).

In front of - Dauphin County Courthouse (Front St)
Harrisburg, PA
(717) 350-1770

Helping Hands Ministries of Harrisburg, Inc.

Currently serving meals on Thursdays, Fridays, and Sundays (4:30 – 5:30 p.m.) at:
St. Michael Lutheran Church
118 State Street
Harrisburg, PA

Office: 1077 Oyster Mill Rd
Camp Hill, PA 17011
(717) 731-1807

www.helpinghandsministries.org

Our Daily Bread

Prepares and serves free meals to the poor of the Community. Open to the public.

331 S. George St.
York, PA 17045
(717) 848-1674

St. Francis of Assisi Catholic Church Soup Kitchen

Offering lunch on Monday through Saturday (12:30-1 p.m.).

1459 Zarker St.
Harrisburg, PA
(717) 236-4506

Salvation Army Soup Kitchen

Offering breakfast on Monday through Friday (7 – 8 p.m.).

1122 Green St.
Harrisburg, PA
(717) 233-6755

Uptown Soup Kitchen

Offering lunch on Monday through Friday (11:45 a.m. – 12:30 p.m.).

2221 N. 6th St.
Harrisburg, PA
(717) 901-3515

York Rescue Mission

Offers food, clothing, shelter and spiritual guidance for the poor and needy of York County.

363-373 W. Market St.
York, PA
(717) 845-7662

SUPPORT GROUPS

American Chronic Pain Association

The goal of an ACPA group is to provide support, validation, and education in basic pain management and life skills. Groups are facilitated by the group members. Currently offering local groups in Harrisburg and Camp Hill.

For contact information on the group you are interested in, call (800) 533-3231 or email ACPA@theacpa.org.

The RASE project

Assisting all those individuals affected by substance use issues, problems, and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

100 N. Cameron St. Suite 401-E
Harrisburg, PA 17101
(717) 232-8535
FAX: (717) 232-8515

Email: denise@raseproject.org

TRANSPORTATION ASSISTANCE

HELP Ministries

HELP reserves this service for true emergencies. A client's situation is verified before travel arrangements are made.

413 S. 19th St.
Harrisburg, PA 17106
(717) 238-2851
FAX: (717) 238-1916

www.ccuahbg.org

New Hope Ministries

Emergency transportation provided.

5228 E. Trindle Rd
Mechanicsburg, PA 17055
(717) 766-7333
(717) 766-7575

www.nhm-pa.org

Recycle Bicycle of Harrisburg (Warehouse Location)

Must call for appointment or check calendar for open dates (Monday (12- 4 p.m.); Tuesday (5-8 p.m.); occasional Saturday. Bicycles available for free if you invest time to repair/rebuild them or you can purchase for \$20 to \$120.

2266 Atlas Street
Harrisburg, PA
(717) 571-2008

www.bikeharrisburg.org

VETERANS

Dauphin County Veteran Affairs

Full listing of all state and federal veteran's assistance programs and benefits.

Dauphin County Administration Building (Fourth Floor)
2 South 2nd Street
Harrisburg, PA 17101
Phone: (717) 780-6357
Fax: (717) 780-6330

Email: tdifrancesco@dauphinc.org

www.dauphincounty.org/veteran-affairs

Harrisburg Veterans Center

Open for veterans' needs on Monday through Friday (8 a.m. – 4:30 p.m.; also open on Thursday until 8:30 p.m.).

1500 N. Second Street, Suite 2
Harrisburg, PA 17102
Phone: (717) 782-3954 or (717) 782-3954
Fax: (717) 782-3791

<http://www.va.gov/directory>

Lebanon VA Medical Center

1700 S. Lincoln Ave.
Lebanon, PA
(717) 272-6621
(800) 409-8771

www.lebanon.va.gov

National Coalition for Homeless Veterans

24-hour crisis hotline

(877) 424-3838
(800) VET-HELP

www.nchv.org

PA Department of Veterans Affairs

(DMVA) has a dual mission: to provide quality service to the Commonwealth's veterans and their families, and to oversee and support the members of the Pennsylvania National

Guard (PNG). Provides resources and assistance to Pennsylvania's nearly one million veterans and their families. Provides quality care for aging and disabled veterans.

(800) 547-2838

www.paveteran.state.pa.us

Veteran Resource Center (National)

(800) 998-9999

Email: hudvet@hud.gov

Veterans Crisis Line

(800) 273-8255

Veterans Volunteer Help

Call to volunteer to help hospitalized veterans.

(888) 567-VETS

VICTIMS

Office of Victim Advocate (PA Board of Probation and Parole)

(OVA) represents the rights and interests of crime victims before the Board of Probation and Parole and the Department of Corrections. Also provides notification to crime victims of the potential for inmate release and opportunity to provide testimony, notification of the inmate's movement within the correctional system, referrals for crime victims to local programs, basic crisis intervention and support, general information on the status and location of the inmate as allowed by law, and notification of the expiration of an inmate's maximum sentence or date of execution, if applicable, as well as preparation of a victim who chooses to witness an execution.

1101 South Front St.
Suite 5200
Harrisburg, PA 17104
(800) 563-6399

Office of the Victim Advocate (Department of Corrections)

1920 Technology Parkway
Mechanicsburg, PA 17050
(800) 322-4472

Victim/Witness Assistance Program

One of the most critical and fundamental rights as a human is to live in peace without the threat of violence and crime. The Victim/Witness Assistance Program (non-profit organization) meets the needs of victims by empowerment and advocacy in the justice system.

Dauphin County Courthouse
101 Market St.
Harrisburg, PA
(717) 780-7075
www.victimwitness.org

WOMEN

(Also see Abuse and Pregnancy)

Agape Family Shelter

A safe haven for women (single women, pregnant women, and women with children. Goal-setting, financial planning, life skills, parenting education and informal counseling provided. Provides referrals to local agencies for child care, mental health services, educational opportunities and job placement.

139 S. North St.
Lebanon, PA
(717) 272-6573

www.lebanonrescuemission.org/our-ministries/agape-family-shelter

Baby Love

The Baby Love Program can assist with the following: Drug and alcohol treatment, Educational/vocational courses, Life skills & parenting lessons, Mental health counseling, Prenatal, medical, dental, WIC, and vision services, Support Groups, Child care services, Housing, Legal issues, and Transportation.

1650 Walnut Street
Harrisburg, PA 17103
1-(866)-530-2229

www.harrisburgbabylove.com

Brethren Housing Association

Provides housing and transitional services for women and children in need.

219 Hummel St.
Harrisburg, PA
(717) 233-6016

www.bha-pa.org

Bridge of Hope

A mentoring program to assist women and children through difficult transitions.

PO Box 15212
Harrisburg, PA
(717) 635-5957

www.bridgeofhope-hbg.org

Carlisle Area Family Life Center

A pregnancy help center where anyone concerned about an unplanned or untimely pregnancy can find assistance. Offers services to help the woman with her pregnancy, both emotionally and materially.

155 N.Hanover St.
Carlisle, PA 17013
(717) 243-1918

www.carlislefamilylife.com

Community Check-Up Center

Offering medical services to women and their children. Pediatrics: Monday through Friday (8:30 a.m. - 4:30 p.m.); Women: Tuesday and Friday (9 a.m. - 4:30 p.m.).

38C Hall Manor
Harrisburg, PA
(717) 233-1700

www.communitycheckupcenter.org

Domestic Violence Intervention

DVI operates a crisis shelter for women who need immediate relocation to a safe space for stays as long as 30 days. Protected by a comprehensive security system and is staffed 24 hours a day. Also operates a transitional housing facility.

(717) 273-7190 (hotline operated 24/7)
(866) 686-0451

www.dviolc.org

Domestic Violence Services of Cumberland & Perry Counties

A 24-hour emergency shelter serving Cumberland and Perry counties.

(800) 852-2102
(800) 852-2102

Evergreen House

A residential substance abuse treatment house operated by Catholic Charities.

120 Willow Rd Suite B
Harrisburg, PA
(717) 412-4594

Family Health Center of Central PA

3461 Market St.
Camp Hill, PA
(717) 761-7380

www.fhccp.org

Greater Harrisburg Healthy Start

A program of Hamilton Health Services that provides prenatal and postpartum care for women and children in Harrisburg and Steelton.

(717) 909-1278

www.harrisburghealthystart.com

Heart of Mary Support Services

Serves women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.

26 E. College Street
York, PA
(717) 843-7986

Lourdes Maternity Home

Temporary home for pregnant young women without financial support.

120 Willow Rd Suite A
Harrisburg, PA
(717) 412-4865

Morningstar Pregnancy Services

3837 Walnut St
Harrisburg, PA
(717) 901-2799

503 Bridge St.
New Cumberland, PA
(717) 901-5433

35 S. Union St.
Middletown, PA
(717) 944-3888

www.morningstarchoices.com

Nurse Family Partnership

#717-782-2335

2645 North 3rd Street

Harrisburg, PA 17110

PA Breast Cancer Coalition

800-377-8828

717-721-2580

www.pabreastcancer.org

PA Commission for Women

The mission of the Pennsylvania Commission for Women is to identify and advance the diverse needs and interests of Pennsylvania's women and girls; to inform, educate and advocate for its constituents; and to provide opportunities to empower women and girls to reach their highest potential.

Ashley Mostek, Executive Director

Telephone: (717) 787-1965

Email: amostek@pa.gov

PinnacleHealth WomanCare Resource Center

Focuses on health education, prevention of illness and the promotion of wellness behaviors.

409 S. Second St.

Harrisburg, PA

(717) 231-8900

The Program "It's About Change" for Female Offenders (see entry under Prisons)

Serves and supports primarily women and children, working with the criminal justice system to reduce recidivism and produce a crime-free lives.

1515 Derry St

Harrisburg, PA

(717) 238-9950

www.theprograminc.org

Shalom House

Shelter for homeless women and children.

PO Box 3893
Harrisburg, PA
(717)232-3482

www.shalomhouse.net

WIC

A federally funded program that provides healthy supplemental foods and nutrition services for pregnant women, new mothers, infants and children under age 5.

(800) WIC-WINS

www.pawic.com

COUNTY RESOURCE GUIDES (DIGITAL)

Beginners Guide to Human Services

Cumberland County Homeless Assistance Program
110 Claremont Rd
Carlisle, PA 17013
(717) 240-6110
(717) 697-0371 ext. 6110

www.ccpa.net/aging

To download copies go to: www.ccpa.net/index.aspx?NID-229

Cumberland County Link: Aging and Disability Resource Handbook

(717) 240-7887
1-(866) 570-5465

www.ccpa.net

To download copies of handbook go to: www.ccpa.net/index.aspx?nid=111

Services Available for Perry County Residents (document)

To download document go to: www.perryco.org/Dept/Services/Pages/HumanServices.aspx